

An antique map of North Carolina, likely from the 18th or 19th century, featuring various scenes and numbers overlaid on it. The map is framed by a decorative border. The scenes include a ship, a plantation, a school, a church, and a landscape. Numbers 1 through 35 are scattered across the map, corresponding to the scenes. The title 'CAROLINIANA' is printed in large, bold, serif letters across the top of the map.

# CAROLINIANA

RARE BOOKS AND MANUSCRIPTS

November 28, 2023

E-List on Health and Medicine

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BY O. S. FOWLER.

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# Fong Wan Herb Co. **Herb Lore.**

OAKLAND, CALIFORNIA: 1929. THIRD EDITION.

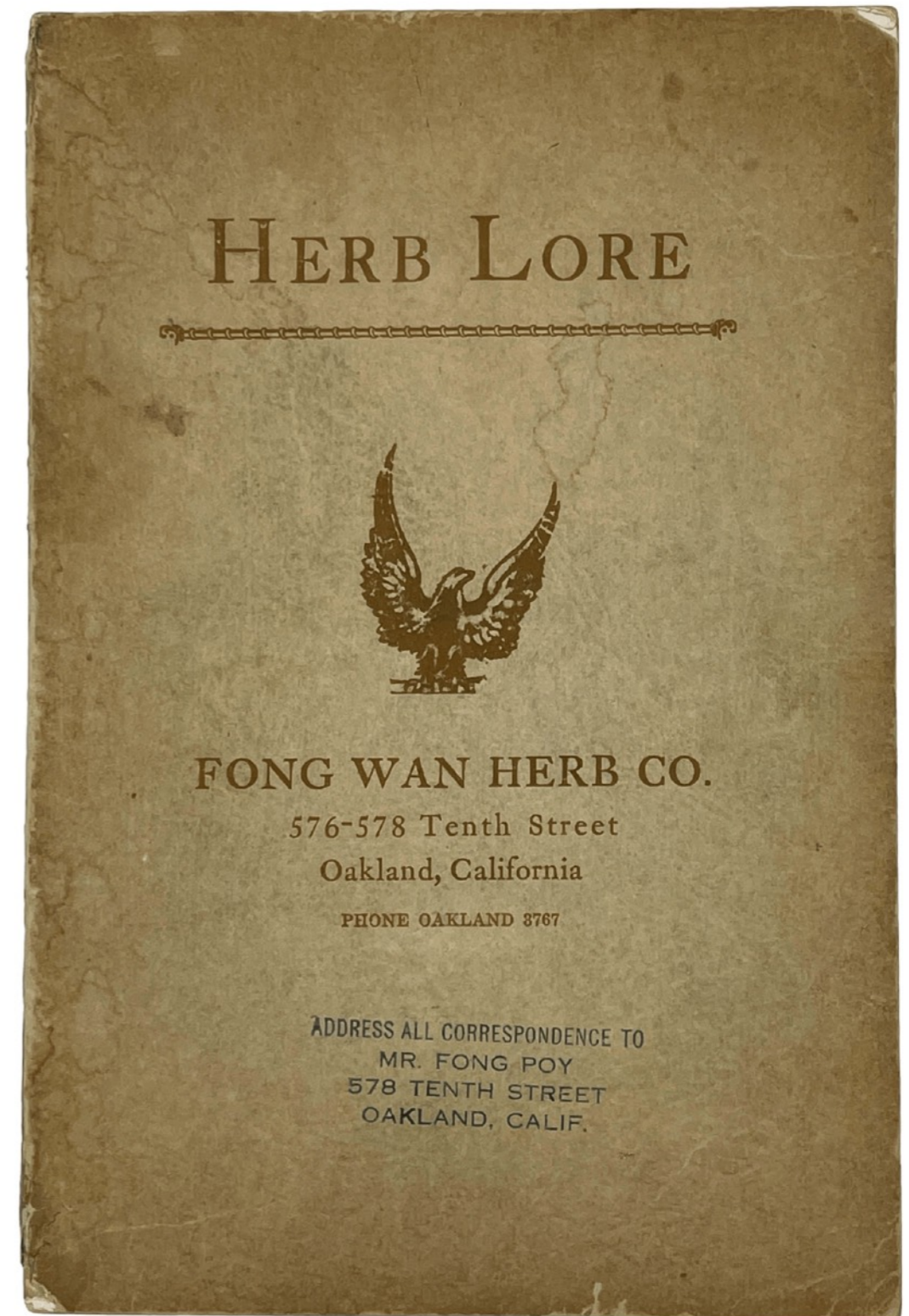
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1

9.5 x 6.25", beige wrappers with gold lettering, 180 pp, illustrations from photographs. A promotional booklet advertising Chinese herbal remedies sold by the Fong Wan Herb Co of Brooklyn. The company was established by Fong Wan, a Chinese-American entrepreneur and herbalist who arrived in California in 1910 aged 17, founding the company three years later. The booklet begins with six pages of photographic illustrations depicting the Fong Wan operation, including the consultation room, the herb room, and the tea room, where customers could consume the herbal remedies on site (the company also sold its herbs via mail order). Chapter one provides information on Chinese Herbal remedies, while ensuing chapters cover different parts of the body (the heart, the stomach and spleen, the lungs, etc), describing Chinese theories on the treatment of these organs as well as numerous positive testimonials from men and women around California, mainly Caucasians. The final chapter provides recommendations on eating and drinking by the Chinese herbalist, and includes six recipes for Chinese dishes, including Sz Kwa (Silk Melon) Soup, and Chinese noodles. Mild staining and toning to wrappers, which are chipped at corners, stamp directing correspondence to Mr. Fong Poy of Oakland on title page and front wrapper, tear to upper corner of title page.

[11279]

**\$450**



## Fong Wan Herb Co. **Herb Lore.**

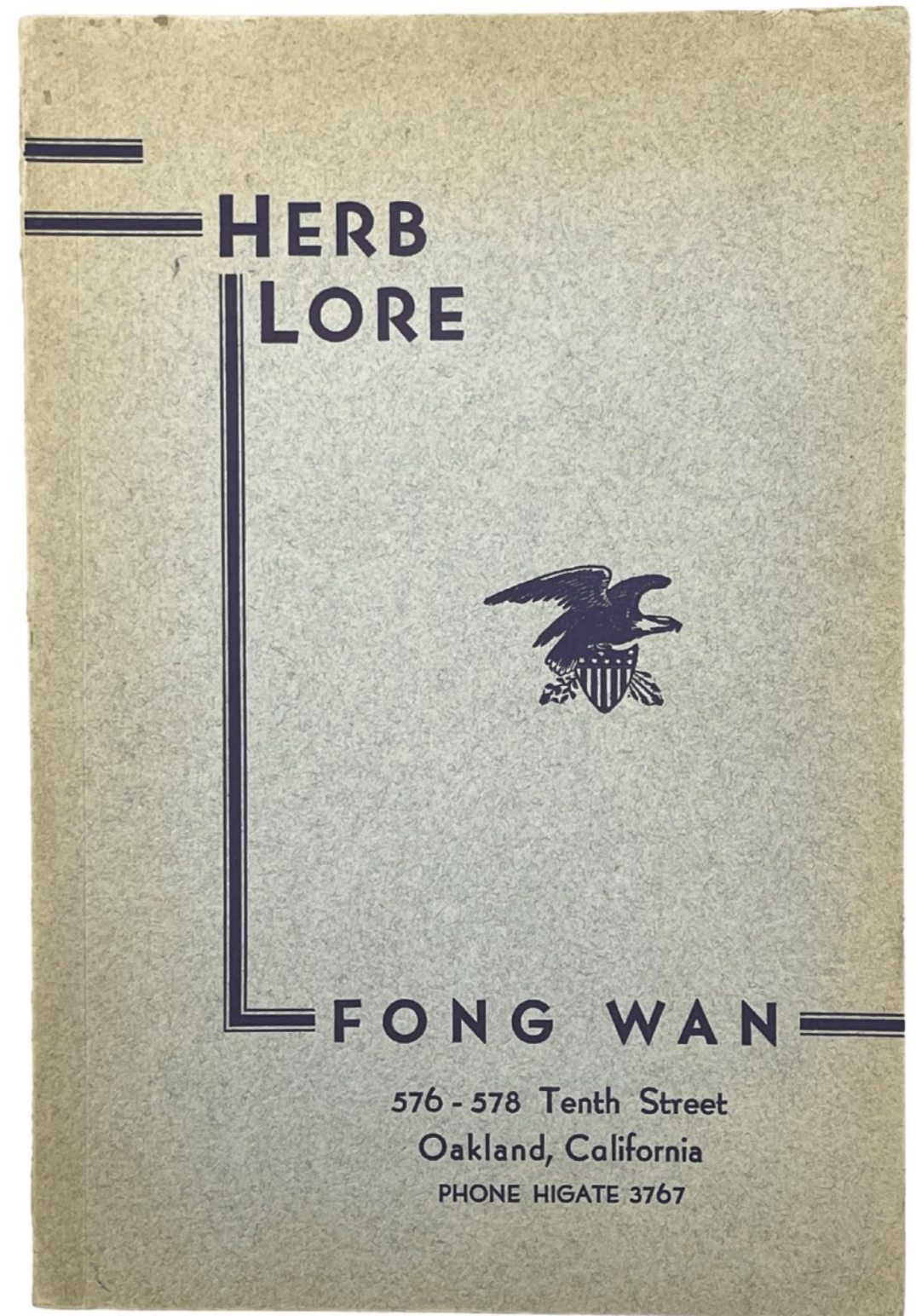
OAKLAND, CALIFORNIA: 1929. FIFTH EDITION.

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**2**

9.5 x 6.25", beige wrappers with gold lettering, 188, [2] pp, illustrations from photographs. A promotional booklet advertising Chinese herbal remedies sold by the Fong Wan Herb Co of Brooklyn. The company was established by Fong Wan, a Chinese-American entrepreneur and herbalist who arrived in California in 1910 aged 17, founding the company three years later. The text differs in significant ways from the third edition offered in this catalog, including the addition of two chapters in response to fraud investigations into the company that resulted in a 1932 trial--one of these chapters touts the company's "unparalleled success" in combating these attacks on its honesty by its enemies, and another chapter reprints entrapment letters "sent to Fong Wan by the postal service under assumed names." The book also prints advertisements at the end for a Chinese restaurant and a shrimp company that Fong Wan, a Bay Area entrepreneur, also owned. A nice copy with toning to pages and covers. [11280]

**\$350**



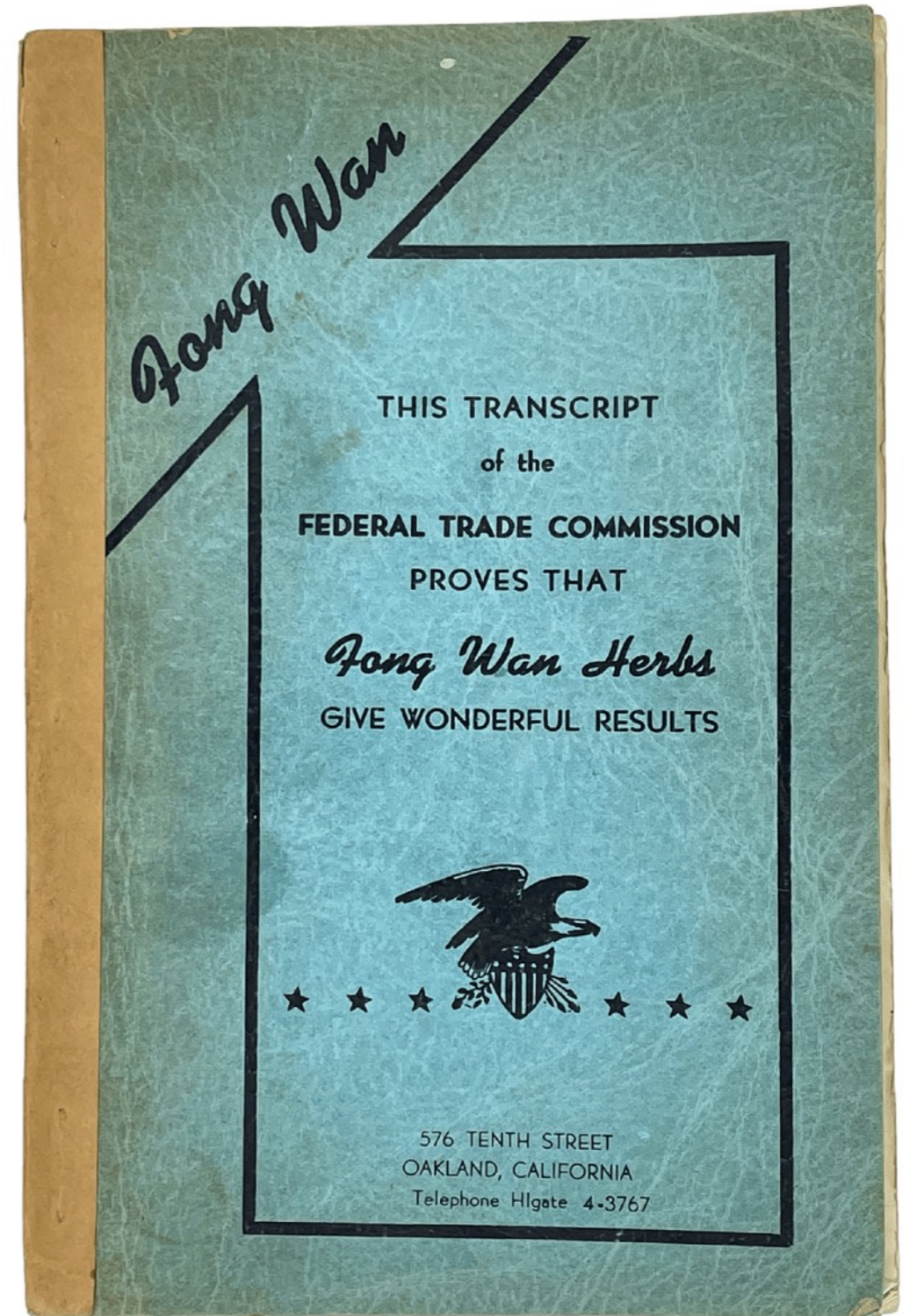
# Fong Wan Herb Co. Fong Wan. This Transcript of the Federal Trade Commission Proves That Fong Wan Herbs Give Wonderful Results.

OAKLAND, CALIFORNIA: CIRCA 1940. FIRST EDITION.

3

9.25 x 6.25", blue wrappers with black lettering, brown paper spine, 304 pp. A book published in the wake of a 1940 trial in which the Federal Trade Commission accused the Fong Wan Herb Company of Oakland, California of exaggerating the curative abilities of the Chinese herbal remedies it sold via mail order and at its Oakland offices. The company was established by Fong Wan, a Chinese-American entrepreneur and herbalist who arrived in California in 1910 aged 17, founding the company three years later. In the trial, the FTC brought to bear the testimony of several scientific experts to discredit Fong Wan's herbal remedies. Meanwhile, Fong Wan's defense involved the positive testimony of many of its patients, which Fong Wan used after the trial to further promote his products, taking out ads in California newspapers reprinting excerpts from the trial, and publishing this book containing the transcript of the trial, in order to reveal the "marvelous results derived from Fong Wan Chinese Herbs [that] have been testified before the Federal Trade Commission." The book contains an index of various ailments, directing the reader to positive testimonials discusses how Fong Wan's treatments cured each ailment. It also contains five illustration pages showing the company offices, and a photographic illustration of the Chinese medical books Fong Wan used to study as an herbalist. In very good condition with mild toning and bit of staining to covers, slight toning and creasing to pages. [11281]

**\$350**



**KISSAM, Richard S., M.D.. *The Young Mother's Guide, and Nurse's Manual; Containing Advice on the Management of Infants, and Conduct to be Observed by the Mother Before and After Child-Birth.***

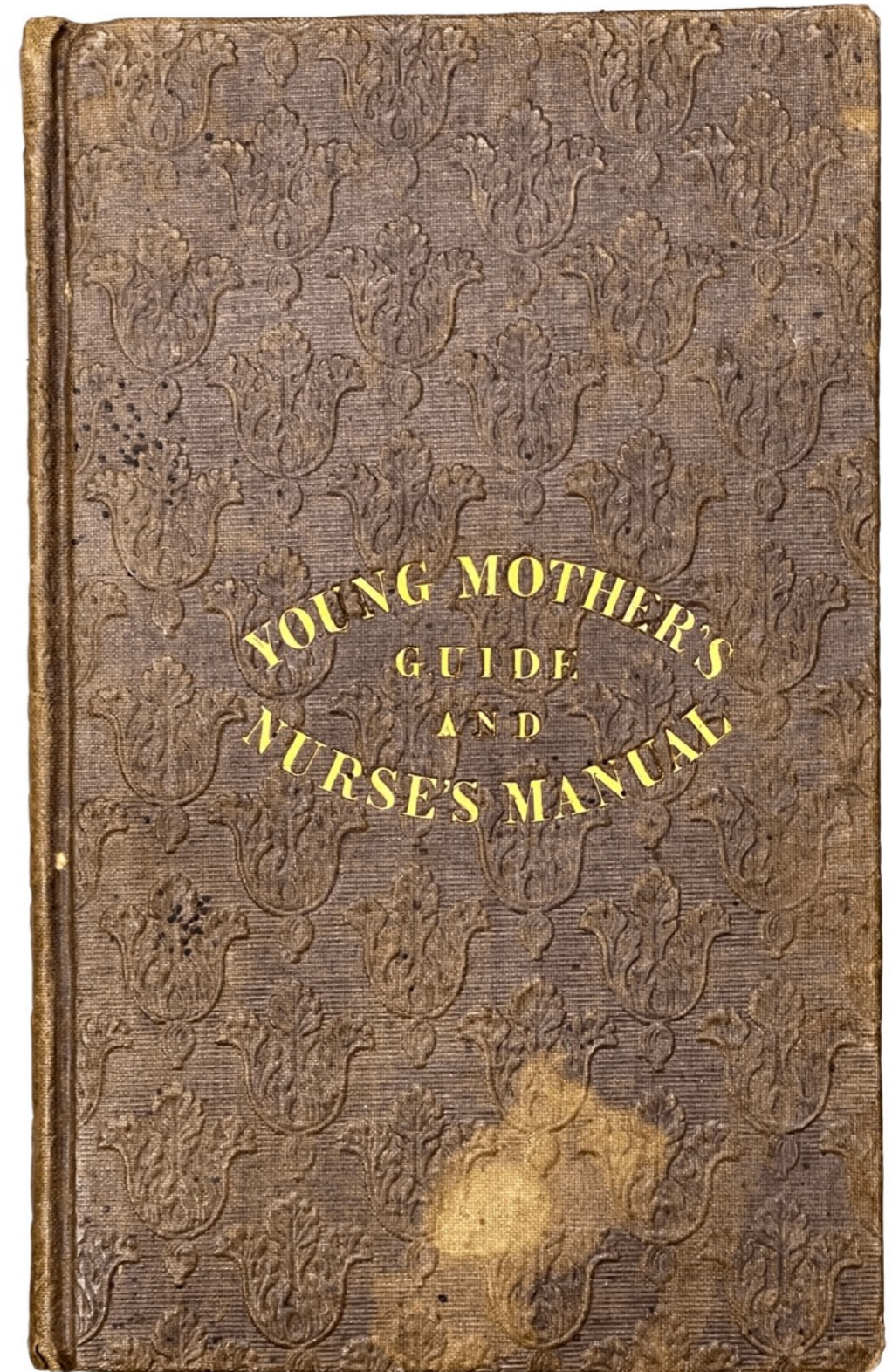
HARTFORD: BELKNAP AND HAMERSLEY, 1837. SECOND EDITION.

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**4**

12mo, 6 x 3.75", embossed decorative cloth with gilt titled to front cover, [4], [13]-152 pp. A guide to the care of the newborn and the postpartum mother, written by a doctor who practiced in Connecticut and New York City. According to the preface, "The object of the author is, to enter into the minute details of the Nurse's duty to the Infant, during the first month of its life." To this end, part one contains chapters on "qualifications necessary to constitute a good Nurse," "conduct of the nurse in the sick room," "duties of the nurse during labor," treatment of the mother and child immediately after childbirth, washing, dressing, and feeding the child, food of the mother, the child's room, and much more. Part two, meanwhile, is devoted to diseases of the child, and their remedies, including red gum, sore mouth, and retention of the urine, while part three covers diseases of the mother, such as milk fever, sore nipples, and broken-breast. Finally, part four covers teething, weaning, administration of medicines, signs of pregnancy, and conduct to be observed during pregnancy. An attractive copy with area of discoloration to front cover, foxing to pages. [11274]

**\$250**



**Drs. J. Lewis Smith, I.N. Love, C.C. Green, Frank Woodbury, and Others. Summer Complaints of Infants and Children.**

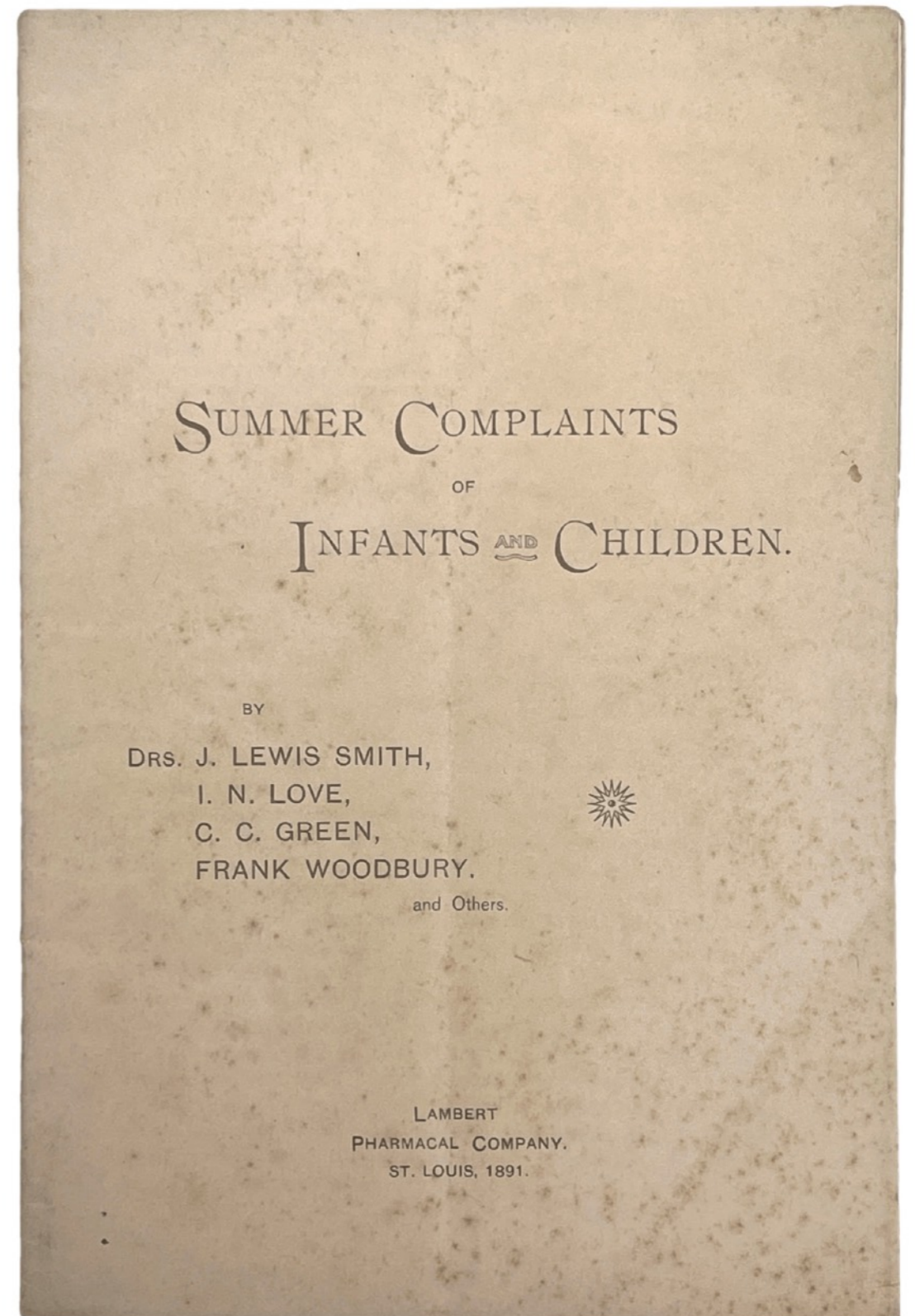
ST. LOUIS: LAMBERT PHARMACAL COMPANY, 1891.

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**5**

8.5 x 5.75", pink printed wrappers, 32 pp. A promotional booklet by the makers of Listerine, touting the product's efficacy in treating summer diarrhea in children and infants. The booklet consists of several articles by doctors discussing how summer heat and improper diet caused these "summer complaints," which could be combated with the use of Listerine as an oral antiseptic. Foxing and creasing to wrappers, very good overall. [11111]

**\$75**



# VERDI, Tullio Suzzara, M.D.. **Mothers and Daughters: Practical Studies for the Conservation of the Health of Girls.**

NEW YORK: J.B. FORD & COMPANY, 1877.

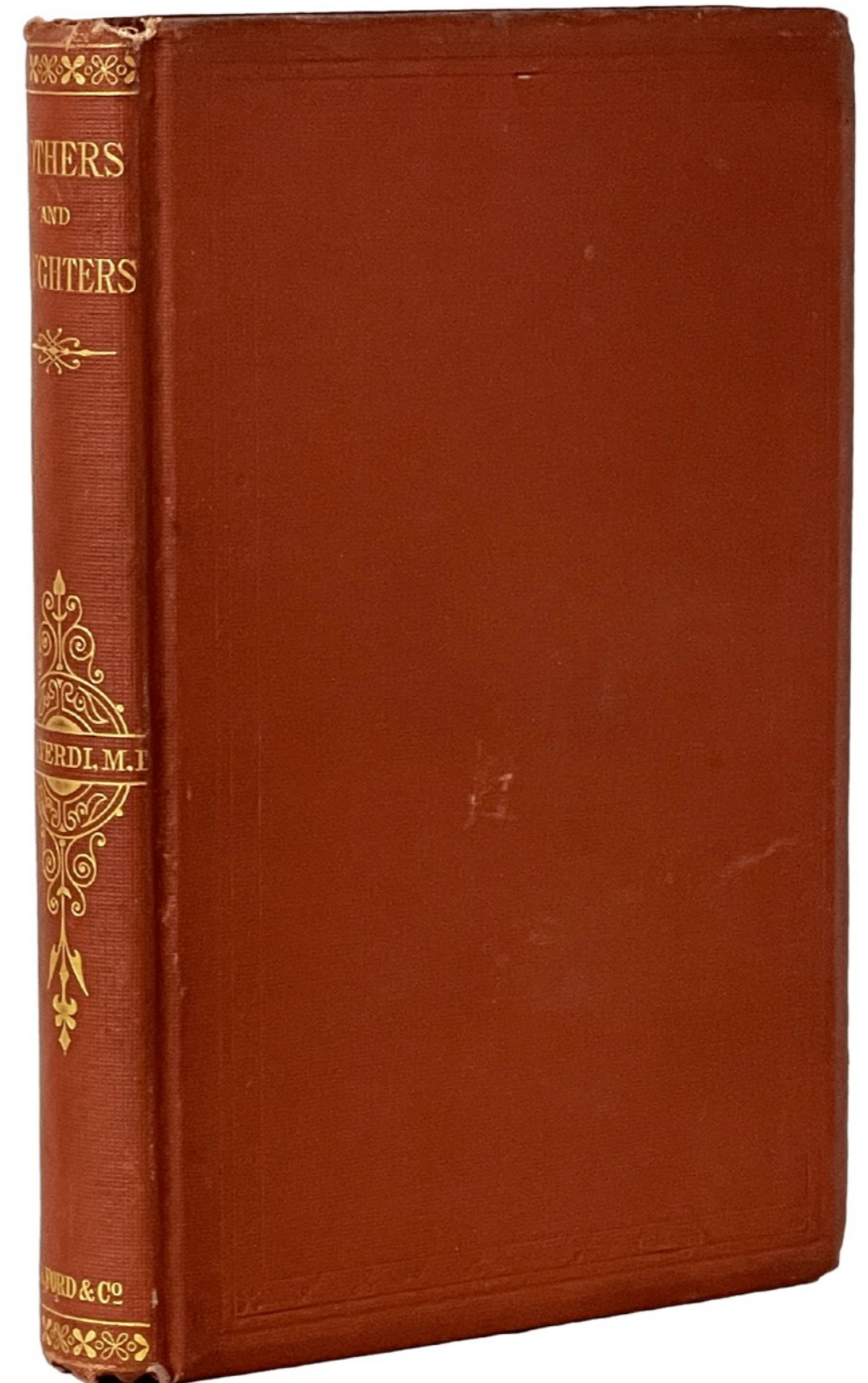
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**6**

8 x 5.5", orange cloth with gilt spine lettering, [4], 287, [1], 13-16, 8 pp. First published in 1876. A guide to women's health and hygiene, written by an Italian-American homeopathic doctor who was appointed to the Bureau of Health in 1860 and served as a member of the national board of health as well as personal physician to secretary of state William Seward. Part one contains information on the anatomy and physiology of women, with chapters on "the physiology and philosophy of menstruation" (including comparisons of northern and southern girls), puberty, temperaments, fallopian tubes and ovaries, etc. Part two covers hygiene, including proper diet, exercise, air, clothing, and behavior. Finally, part three is dedicated to the causes and treatments of female ailments, including "indispositions of girls during menstruation", hysteria, and issues of the womb. A nice copy with a hint of soiling and wear to covers.

[11153]

**\$300**



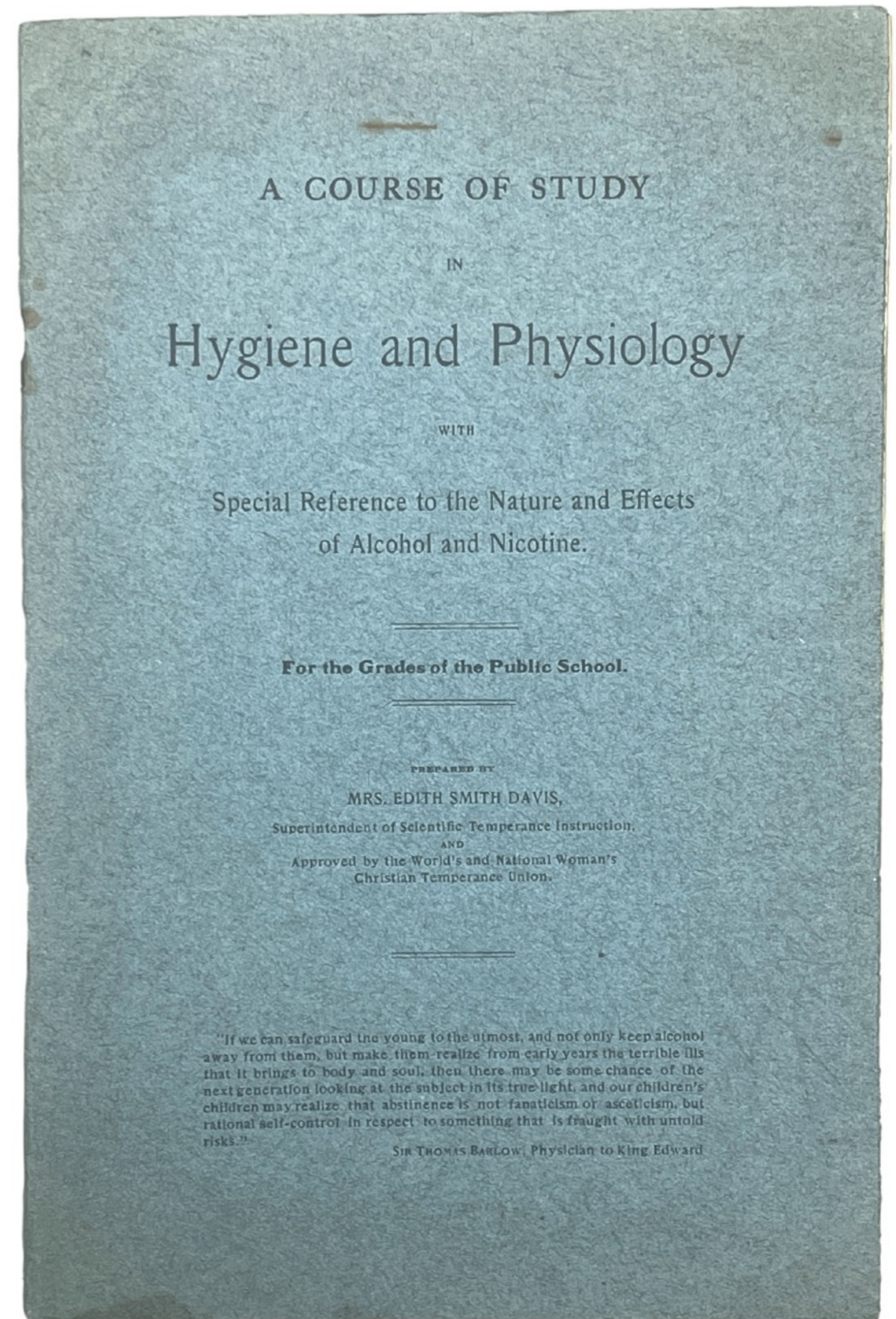
**DAVIS, Edith Smith. A Course of Study in Hygiene and Physiology With Special Reference to the Nature and Effects of Alcohol and Nicotine. For the Grades of the Public School.**

NO PLACE OF PUBLICATION: CIRCA 1910 TO 1920.

**7**

8.75 x 5.75", blue printed wrappers, 32 pp. A health education guide for teachers, written by Edith Smith Davis, a prominent leader in the temperance movement and editor of The Temperance Education Quarterly. The booklet provides outlines for each year of grade school, with suggestions for teaching the parts of the body, health and hygiene, and physical changes. Additionally, much of the text is devoted to education on the dangers of alcohol and tobacco, including temperance themed passages intended for children to commit to memory. Rusting to staples, soiling to covers, slight musty odor, pages 13 to 20 detached. [11114]

**\$125**





# RUCKER, Augusta. **Ten Talks To Girls On Health: For Club Leaders.**

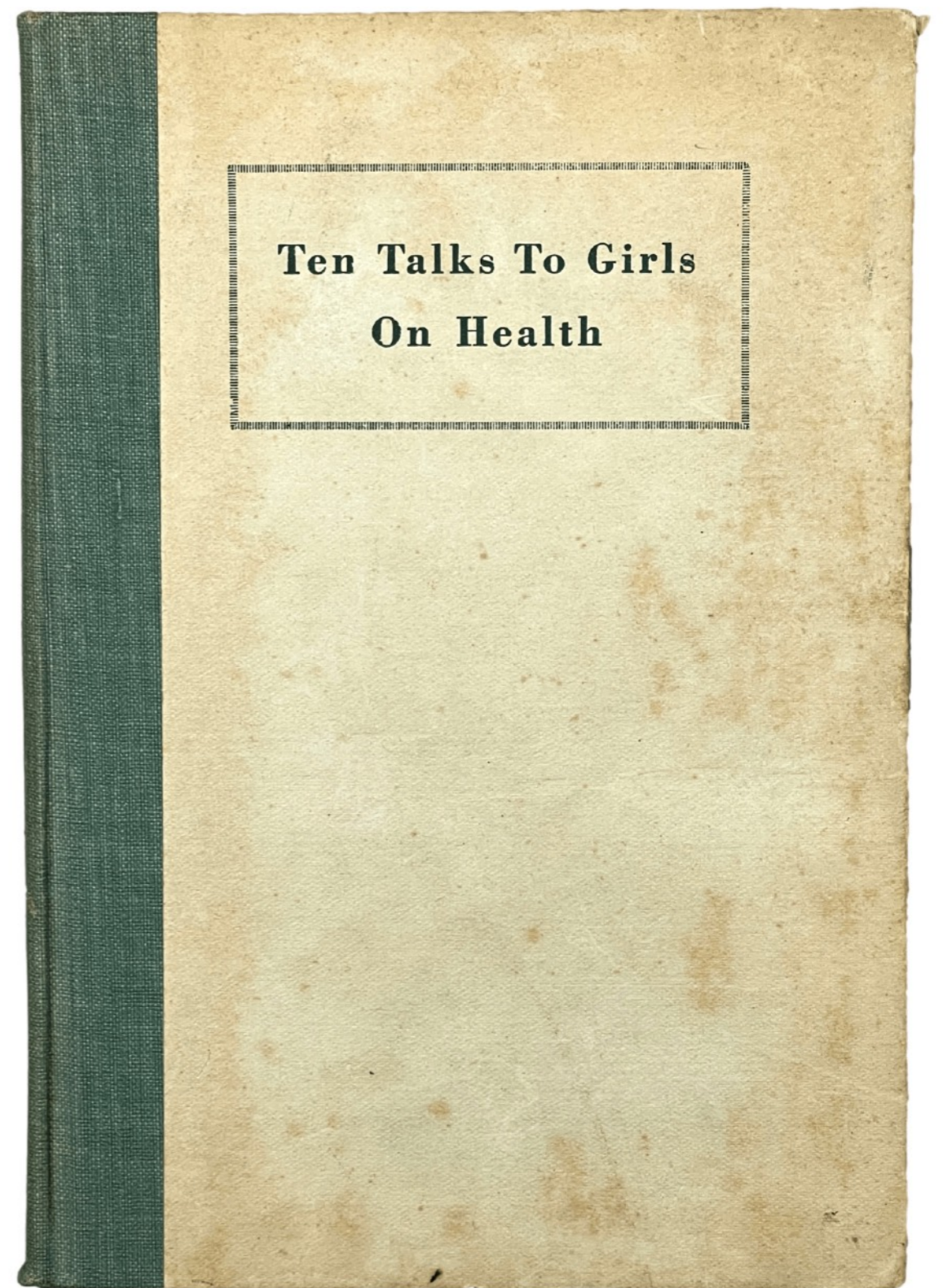
NEW YORK CITY: THE WOMANS PRESS, 1921. FIRST EDITION.

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**8**

7.75 x 5.5", beige boards with green cloth spine, green lettering to front cover and spine, 95 pp. A series of talks on girls' health by Augusta Rucker, M.D., director of the Division of Health of the YWCA. The book was "intended to assist club leaders not technically trained in furnishing reliable and helpful advice to girls and young women regarding the preservation of health and the prevention of disease" (prospectus published in volume 14 of "The Child," 1924). Titles of some of the talks include "Foods: The Source of Joyful Work and Play," "Exercise: An Almost Forgotten Necessity for the Climb," "Drugs: The Most Misleading Sign on the Way" (regarding the misuse of aspirin, and the importance of preventive sex education, rather than drugs, in combating syphilis), and "Love and Health" (on the importance of personal relationships). Each talk is preceded by an outline. Laid in is a prospectus for "A Woman's Point of View Some Roads to Peace," another book published by The Woman's Press. A good copy with foxing to covers and pages, public school stamp to front pastedown. [11186]

**\$150**



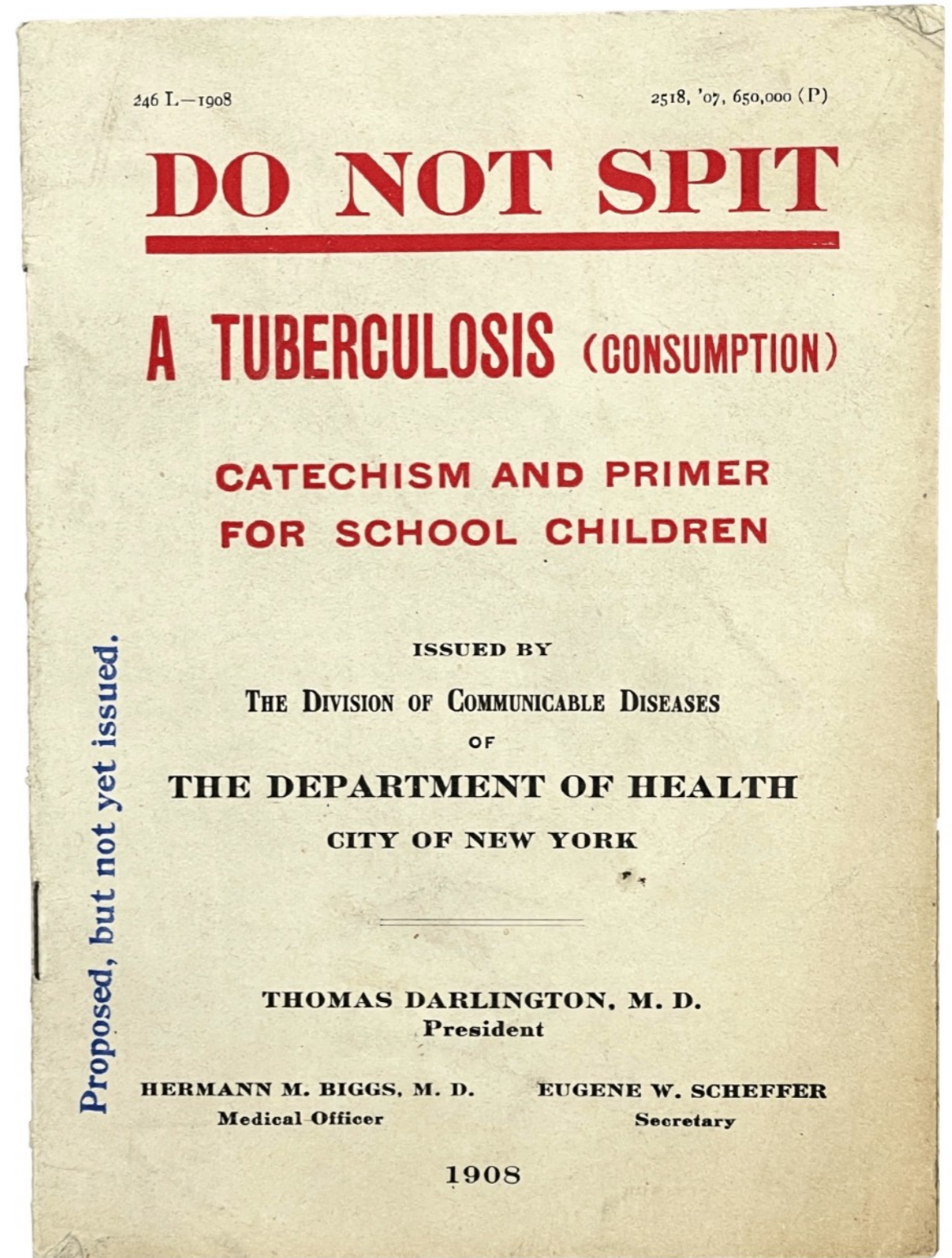
# Do Not Spit. A Tuberculosis (Consumption) Catechism and Primer For School Children.

NEW YORK: THE DIVISION OF COMMUNICABLE DISEASES OF THE DEPARTMENT OF HEALTH CITY OF NEW YORK, 1908.

9

6.25 x 4.5", stapled booklet, 12 pp. A primer issued by The Department of Health of the city of New York, intended to educate school children about the spread of tuberculosis. The booklet takes the form of question and answer and provides information on how to keep from spreading the disease, emphasizing cleanliness and listing the "habits of school children [that] are dirty, dangerous and to be avoided," such as putting things in the mouth or sharing chewing gum. The text ends with a reminder that "you must not spit on the sidewalks, playgrounds or on the floors or hallways of your home or school...spitting is dangerous, indecent and against the law." The booklet was a part of a larger public campaign against spitting that took hold in American cities at the time. Some toning, creasing and soiling to pages, stamp to front cover reading "proposed, but not yet issued."

**\$250**



# **The House-keepers' Guide, and Indian Doctor: Containing The Very Best Directions For Making All Kinds of Ice Creams, Preserves Jellies...Also, A Complete System of Genuine Indian Doctoring.**

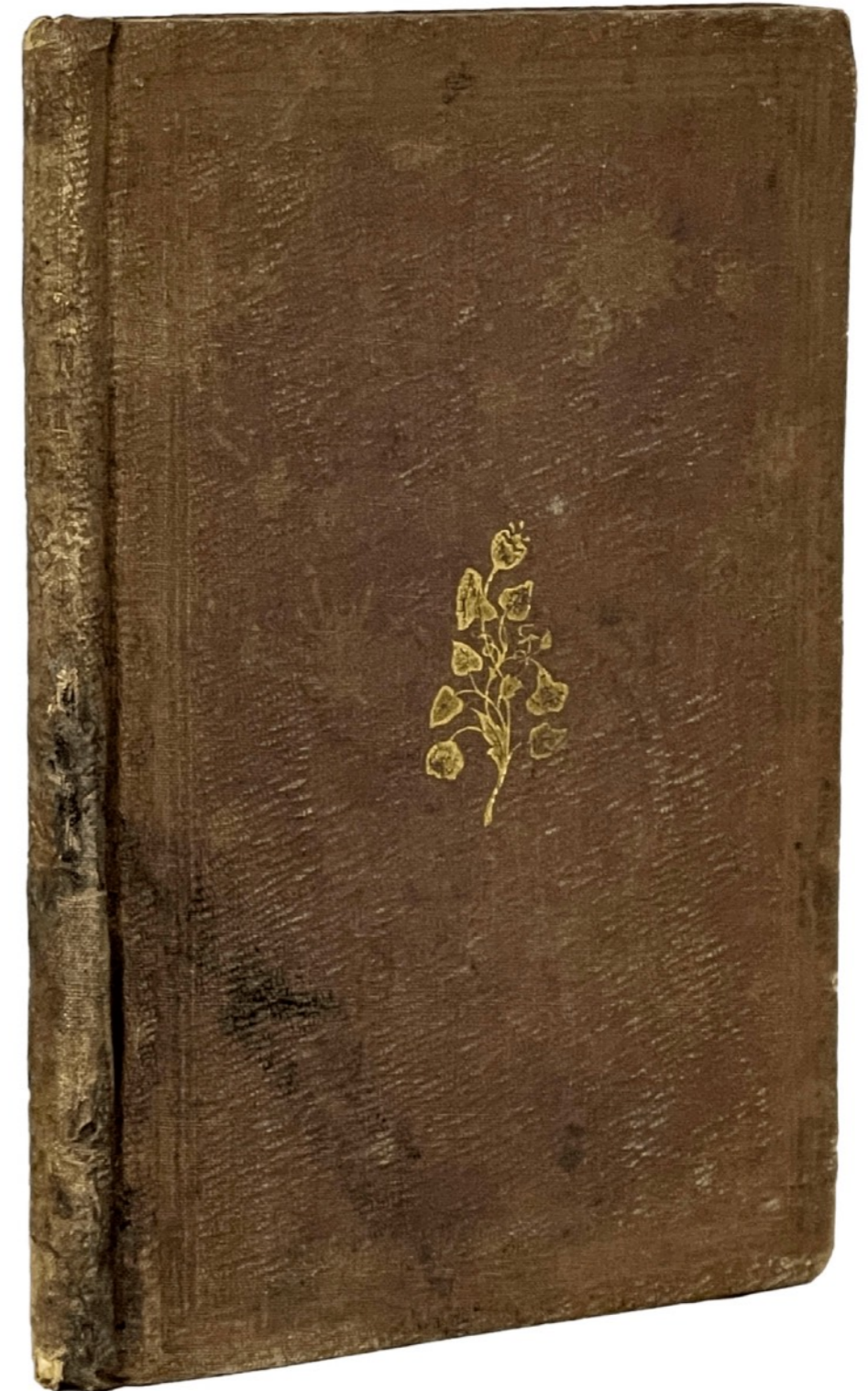
NEW YORK: AMERICAN FAMILY PUBLICATION ESTABLISHMENT, 1855.

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**10**

8.5 x 5.75", original brown cloth with gilt decoration and spine lettering, 95, [1] pp. First published in 1851. An uncommon cookbook, medical guide, and housekeeper's guide combining food recipes, medical recipes, recipes for treating the hair, household recipes, and a letter writing guide. Includes seven recipes for beer, including ginger beer, hop beer, and lemon beer; a recipe for a substitute for cream in coffee; recipes for essences, perfumes, and soaps; a section of "Indian recipes" including a cramp remedy, a remedy for consumption, a salve for a rattlesnake's bite, and a cure for female obstructions; a recipe to prevent hair falling off, and much more. The final section, "The American Letter Writer," contains a series of sample letters. A good copy with staining, soiling and wear to covers, fading to spine lettering, damp staining to upper margin of pages, foxing to pages. [11184]

**\$350**



# List of Wholesale Dealers in Dr. Clark Johnson's Indian Blood Syrup.

NO PLACE OF PUBLICATION: CIRCA 1870S TO 1880S.

11

Single leaf measuring 13.75 x 6", printed to rectos only. A broadside listing wholesale sellers of Dr. Clark Johnson's Indian Blood Syrup, a quack nostrum claiming to derive from the recipe of Edwin Eastman, an escaped former slave of a Comanche medicine man. The syrup was in reality a concoction brewed by E.P. Hurlar, a New York "doctor" who published an 1873 book, "Seven and Nine Years Among the Camanches and Apaches" to support his narrative. The broadside shows that the business was not limited to the northeast, listing dealers in the American south, Texas and Canada. Toning to paper, hint of staining, short tear to upper corner. [11282]

\$150

## LIST OF WHOLESALE DEALERS IN DR. CLARK JOHNSON'S INDIAN BLOOD SYRUP.

**ATLANTA, GA.**  
HUNT, RANKIN & LAMAR.

**BOSTON, MASS.**  
WEEKS & POTTER, 360 Washington St.

**BALTIMORE, MD.**  
WM. H. BROWN & CO., 25 South Sharp St.  
THOMSEN & MUTH, 14 German St.

**CHARLESTON, S. C.**  
DOWIE & MOISE.  
DR. H. BAER, 131 Meeting St.

**CHICAGO, ILLS.**  
VAN SCHAACK, STEVENSON & Co., 92 & 94 Lake St.  
MORRISON, PLUMMER & CO., 52 & 54 Lake Street.  
FULLER & FULLER, 52 Market St.  
TOLMAN & KING, 51 Lake St.  
LORD, STOUTENBURGH & Co., 86 Wabash Avenue.

**CINCINNATI, OHIO.**  
JOHN D. PARK & SONS, 175 Sycamore Street.

**CLEVELAND, OHIO.**  
BENTON, MYERS & CO., 127 Water St.  
STRONG, COBB & CO., 112 & 114 Superior Street.

**DETROIT, MICH.**  
SWIFT & DODD.  
FANNARD, WILLIAMS & CO.

**FORT WORTH, TEXAS.**  
L. N. BRUNSWIG.

**GALVESTON, TEXAS.**  
THOMPSON, SCHOTT & CO., Cor. Ave. A. & Tremont St.

**KNOXVILLE, TENN.**  
SANFORD, CHAMBERLAIN & ALBERS.

**LAKE BENTON, MINN.**  
BROWN & MORSE.

**LOUISVILLE, KY.**  
R. A. ROBINSON & CO., 106 Main St.  
ARTHUR PETER & CO., 279 Main St.

**MACON, GA.**  
HUNT, RANKIN & LAMAR, 66 & 68 Second Street.

**NASHVILLE, TENN.**  
WILLIAM LITTERER.

**NEW ORLEANS, LA.**  
I. L. LYONS, Cor. Camp and Gravier Sts.  
G. R. FINLAY & CO., 35 Magazine St.  
NICHOLAS GLASSER, Cor. Peter and Olivia Sts., Algiers, La.

**NEW YORK CITY, N. Y.**  
McKESSON & ROBBINS, 91 Fulton St.  
WM. H. SCHIEFFELIN & CO., 170 & 172 William St.  
HALL & RUCKEL, 218 Greenwich St.  
S. R. VAN DUZER, 35 Barclay St.  
J. N. STALLMAN & CO., 36 Platt St.  
CHAS. N. CRITTENTON, 7 Sixth Ave.  
J. H. FRANCIS, 68 Maiden Lane.  
BRENT GOOD & CO., 22 Park Place.  
WALTER ADAMS, 75 John St.  
WELLS & ELLIOTT, 11 Gold St.

**PHILADELPHIA, PA.**  
JOHNSTON, HOLLOWAY & CO., 602 Arch Street.  
FRENCH, RICHARDS & CO., Cor. Tenth and Market Sts.

**SAN FRANCISCO, CAL.**  
CHAS. LANGLEY & CO., 100 & 102 Front Street.

**ST. LOUIS, MO.**  
RICHARDSON & CO., 710 North Main St.  
MEYER BROS. & CO., 6 North Second St.  
RABOTEAU & CO., 714 North Fifth St.

**ST. PAUL, MINN.**  
NOYES BRO. & CUTLER, 30 Robert St.

**ST. JOSEPH, MO.**  
SAMUEL I. SMITH & CO.

**TRENTON, N. J.**  
SAMUEL DICKINSON.

**CANADA.**  
NORTHROP & LYMAN, 40 Scott St., Toronto, Ontario.  
FORSYTH, SUTCLIFFE & CO., 193 Hollis St., Halifax, N. S.  
BROWN & WEBB, 7 & 9 George St., Halifax N. S.  
T. B. BARKER & SONS, 35 & 37 King St., St. John, N. B.  
B. A. MITCHELL, London, Ont.

**BECKLARD, Eugene. Physiological Mysteries and Revelations in Love, Courtship and Marriage; An Infallible Guide-book for Married and Single Persons, in Matters of the Utmost Importance to the Human Race.**

NEW YORK: HOLLAND & GLOVER, 1844.

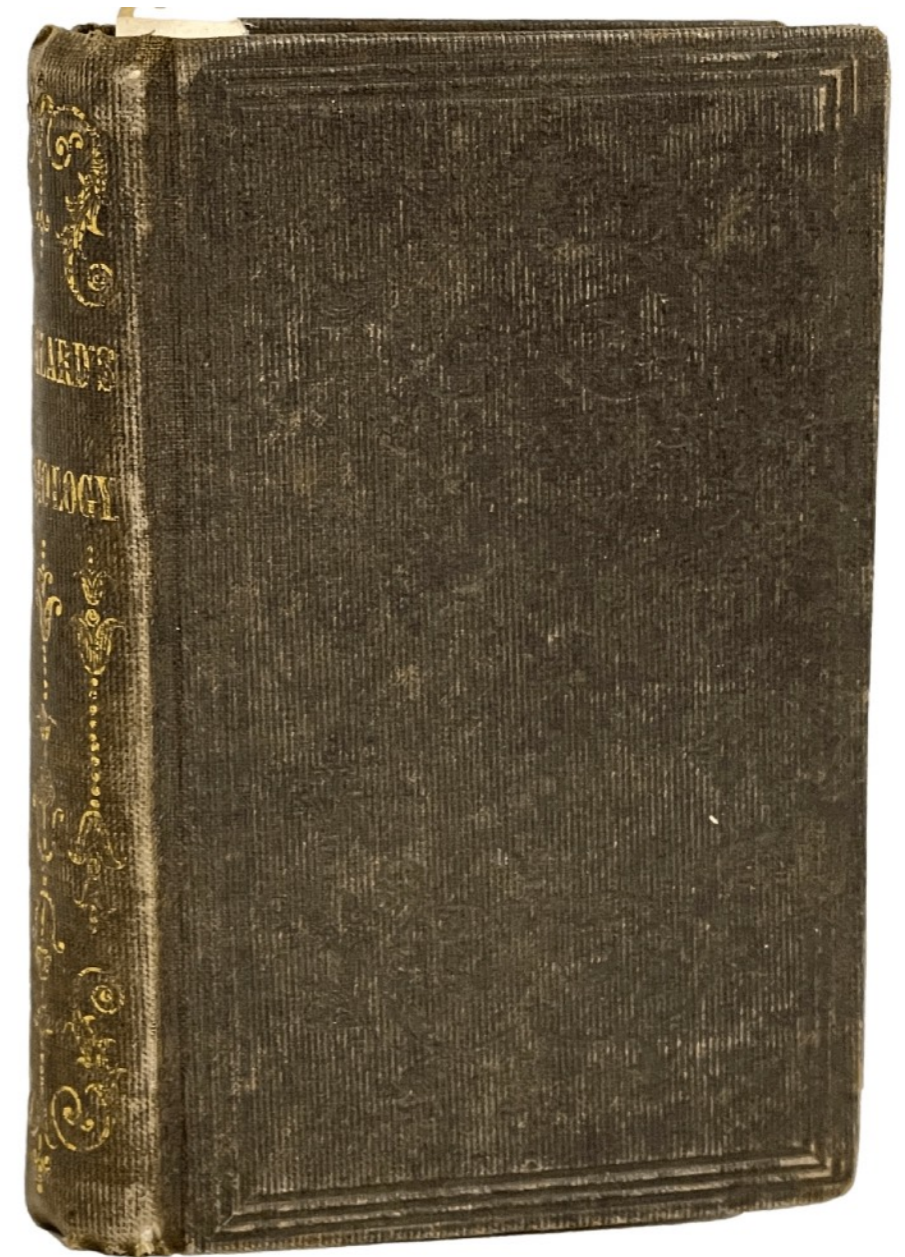
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**12**

4.75 x 4", brown cloth with gilt spine lettering, 256 pp, 16 illustration plates on yellow paper. A 19th century American sex manual, first published in 1842 and claiming to be a translation from the Third Paris Edition, and written by a French physician. However, this French origin was "a complete fabrication using a false medical pedigree to discuss sexuality" (McDayter, Flirtation and Courtship in Nineteenth-Century British Culture). The book contains sections on sterility, the art of beauty and courtship, the dangers of masturbation, love and marriage, and more. The book also contains a section on contraception, listing eight such methods, including "dancing about the room, before repose, for a few minutes," and "trotting a horse briskly over a rough road on the following day." A very good copy with rubbing and discoloration to covers, slight foxing to pages.

[11276]

**\$250**



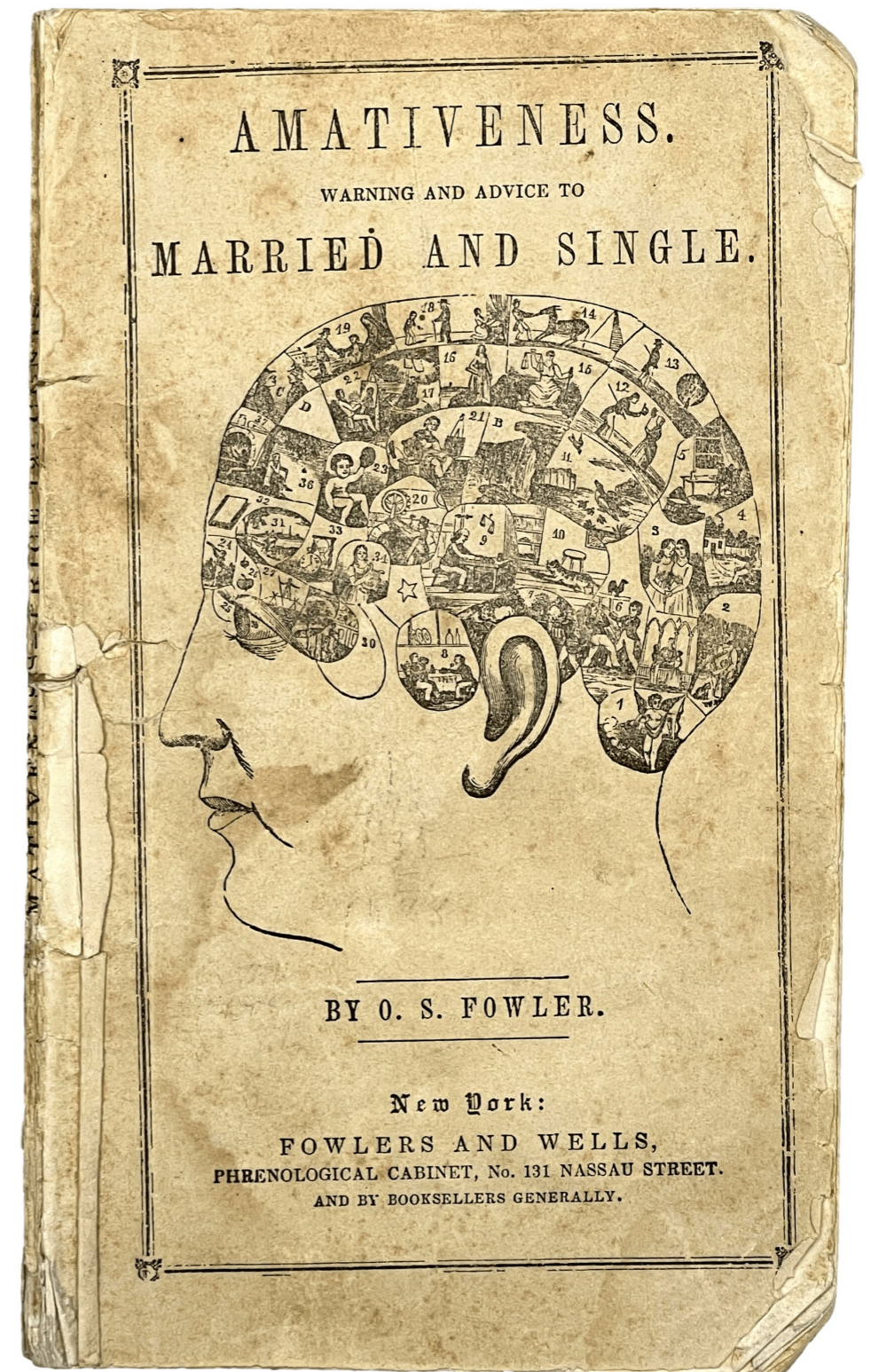
**FOWLER, O.S.. Amativeness: Or Evils and Remedies Of Excessive and Perverted Sexuality Including Warning and Advice to Married and Single Being a Supplement to "Love and Parentage".**

NEW YORK: FOWLER AND WELLS, 1852.

**13**

8 x 4.75", in original yellow printed wrappers with cover image of a brain divided into sections, 72pp plus [4] pages of ads. "Thirteenth Edition" per title page. A work issued by the noted phrenologists Fowler and Wells, describing the evils and health concerns of masturbation and excessive sexuality. Rear wrapper lacking, chipping to front wrapper, lower two thirds of front wrapper detached from spine, creasing and foxing to pages. [11171]

**\$125**



**MELENDY, Mary R., M.D.. Cure of Disease Simplified A Modern Vade Mecum For The Household.**

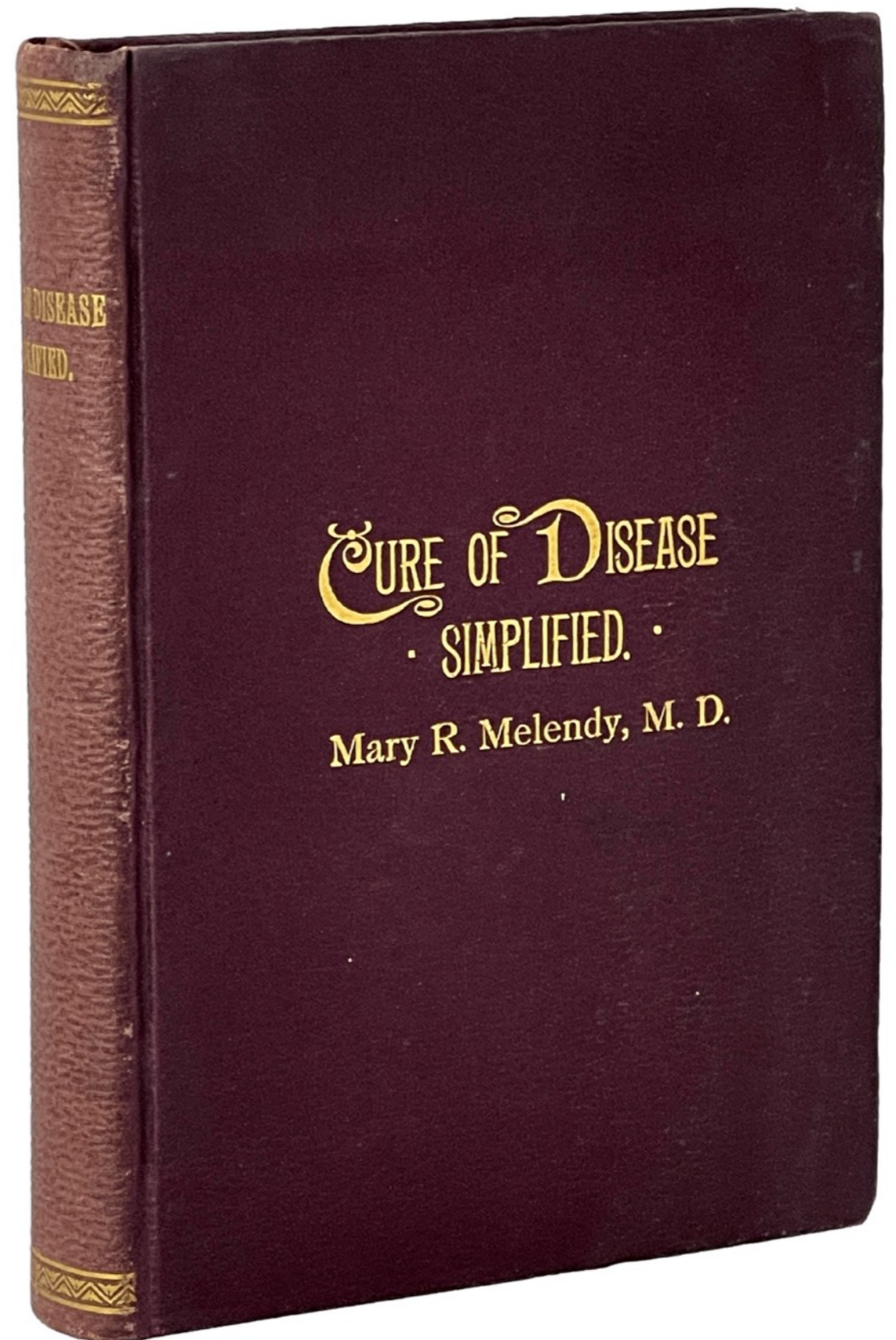
CHICAGO: GUIDING STAR PUBLISHING HOUSE, 1893. FIRST EDITION.

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**14**

8 x 5.75", maroon cloth with gilt lettering, xiv, 368 pp plus [3] pp of ads. A popular medical guide by Mary Ries Melendy, a Swiss-American woman doctor who practiced in Chicago for over 25 years and specialized in women's health, authoring several books on the subject. This book contains chapters on painless childbirth, "change of life," treatment of general diseases, medical electricity, care of and cooking for invalids, healing through the power of mind, and more. Hinges cracked, owner inscriptions to front endpaper, soiling to covers, mild toning to pages. [10556]

**\$300**



**GLEASON, Mrs. R[achel] B[rooks], M.D.. Talks to My Patients; Hints on Getting Well and Keeping Well.**

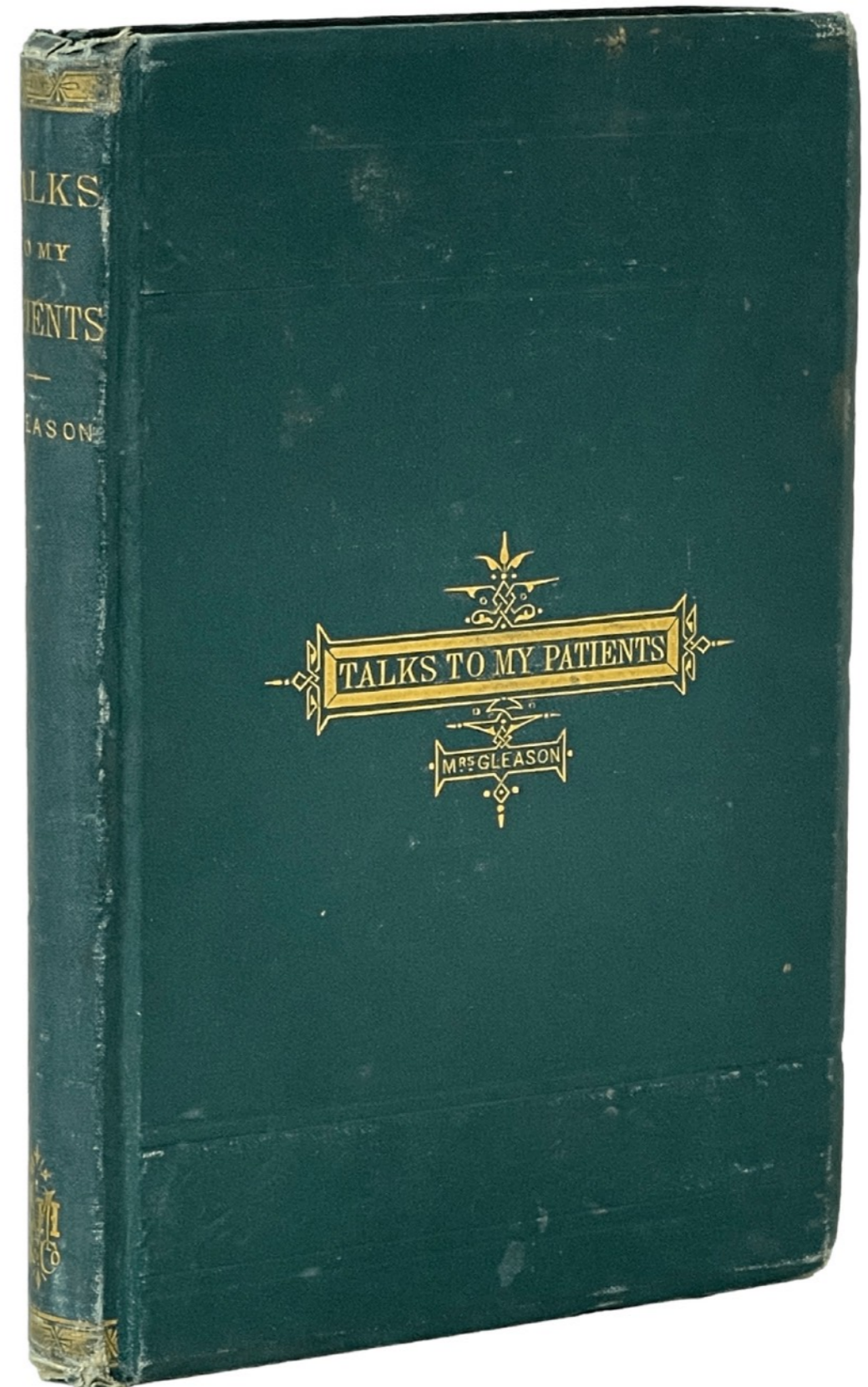
NEW YORK: M.L. HOLBROOK, PUBLISHER, 1880. SEVENTH EDITION.

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**15**

7.5 x 5.25", green cloth with gilt lettering, 228 pp, real albumen photo tipped in as frontispiece. Seventh edition, first published in 1870. A guide to women's health by Rachel Brooks Gleason, the fourth woman to earn a medical degree in the United States, who, together with her husband, ran the Elmira Water Cure, a health resort specializing in women's ailments. The resort catered to upper class women and included Elizabeth Cady Stanton and Susan B. Anthony among its clientele. Gleason also had an extensive consulting practice throughout New York, mentored many other women medical students and doctors, and was an advocate of abolition and women's rights. According to the introduction, the book was intended as a home guide in "matters of delicacy" and was adapted from a series of informal "parlor talks" Gleason gave to girls and women. The text includes chapters on pregnancy, delivery, menstruation, nursing, infant care, "growing girls," intentional and accidental abortion, and more. Staining and wear to covers, bit of foxing and toning to pages, wear to corners and spine tips, owner inscription to front endpaper. [10622]

**\$500**





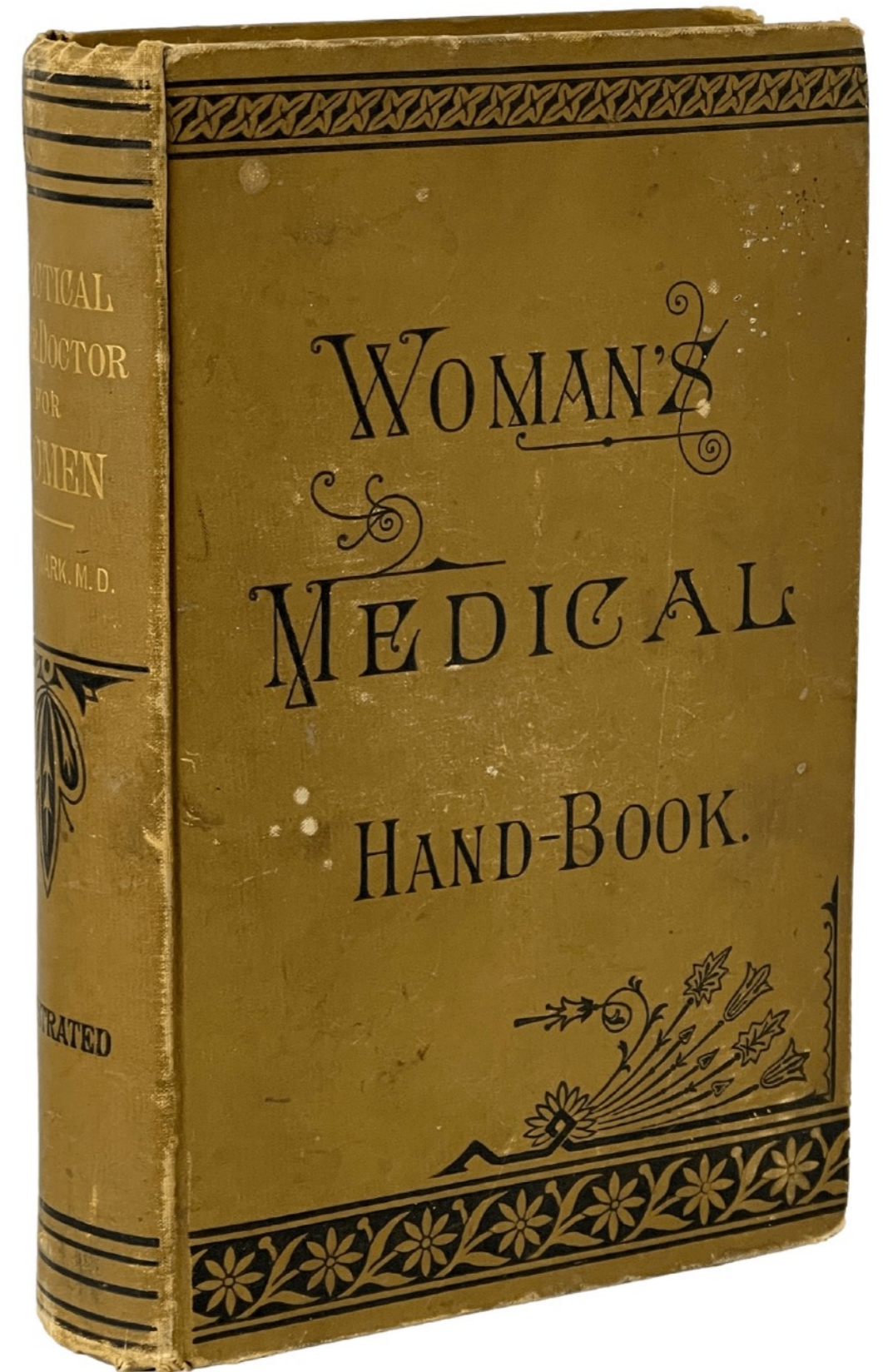
**WARK, David, M.D.. The Practical Home Doctor For Women. Illustrated With Numerous Instructive Engravings, and Containing 388 Valuable Prescriptions.**

NEW YORK: GAY BROTHERS & CO, 1882. FIRST EDITION.

**16**

10 x 6.5", brown cloth with title "Woman's Medical Hand-Book" to front cover, gilt spine lettering, 420 pp, illustrations from drawings. A guide to women's health written by a New York doctor and intended for use at home. According to the preface, "The object in preparing this work is to place before women...the most recent scientific information concerning diseases of women, so that they may be able to recognize promptly many of the minor disorders to which they are subject, and to apply timely and successful home treatment. Such technical terms as it was necessary to use are fully explained in an an alphabetical glossary at the end of the volume." The book covers the causes and treatment of numerous ailments, including hysteria, menstrual issues, problems of pregnancy, sterility, and more. Includes anatomical illustrations as well as discussions and illustrations of medical technology such as pessaries and abdominal supporters. There is also a two page discussion of the dangers of criminal abortion. Throughout, the book contains recipes (388 in total) for various herbal remedies recommended as treatment. Wear and mild staining to covers, foxing to pages, a few pages with staining, staining to part of text block edge. [11154]

**\$250**



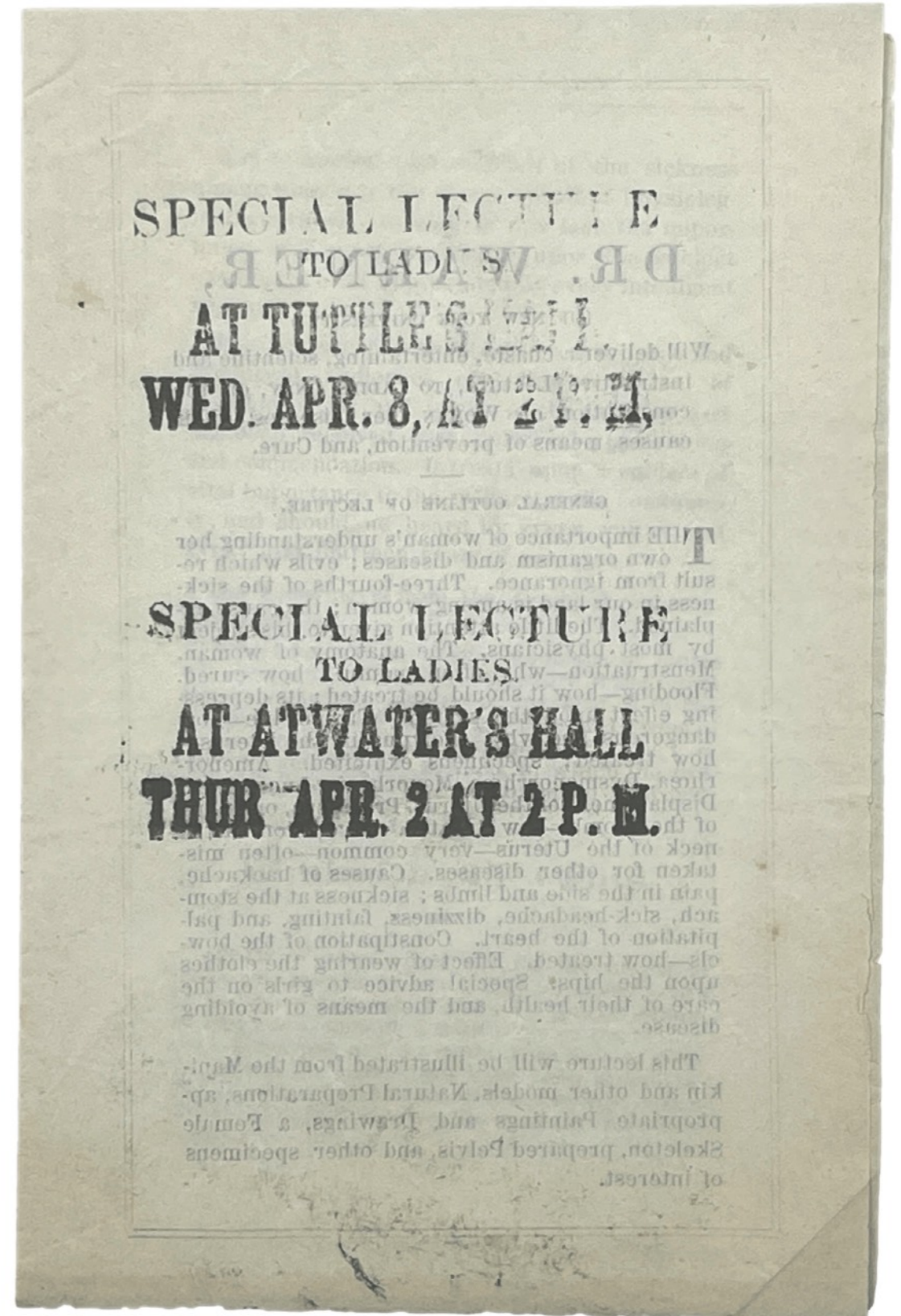
# Leaflet Advertising a Lecture on Women's Health by Dr. Lucien Warner.

[NEW YORK?]: CIRCA 1870S.

17

Single leaf measuring 5.5 x 3.5" when folded, and 7 x 5.25" when unfolded, with stamped text to front cover and two pages of text within. A scarce leaflet advertising a "chaste, entertaining, scientific and instructive lecture, to ladies only, on the constitution of WOMAN, her diseases, their causes, means of prevention, and cure." The lecture was given by Lucien Calvin Warner, a prominent Cortlandville, New York physician, who later wrote a guide to women's health, marketed and sold "health corsets" and cofounded Warnaco, a major textile company specializing in women's garments. The leaflet prints an outline of the lecture, which covered anatomy, menstruation, flooding, uterine ailments, "effect of wearing the clothes upon the hips," and more, noting that "little attention has been given to this subject by most physicians," and the lecture "should be heard by every woman and every girl fourteen years of age." In very good condition with slight foxing, toning and creasing. [11275]

\$150



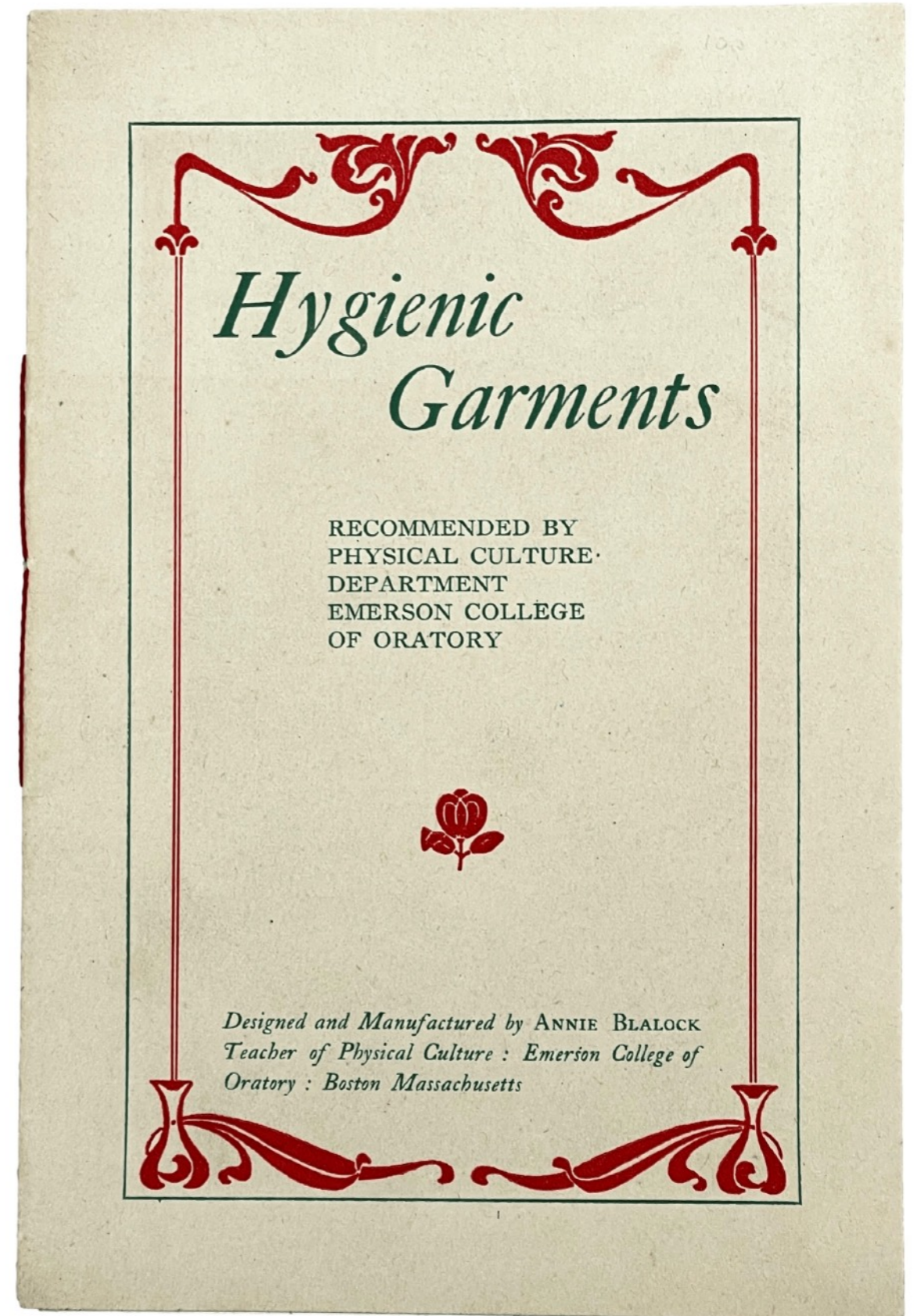
# Hygienic Garments Recommended by Physical Culture Department Emerson College of Oratory.

[BOSTON, MASSACHUSETTS]: 1895 TO 1903.

18

Octavo, 7.75 x 5.25", string tied wrappers, [8] pp, illustrated frontispiece. A scarce catalog of health garments designed and manufactured by Annie Blalock, a teacher of physical culture at Emerson College of Oratory in Boston and specialist in hygienic and aesthetic dress. Blalock, a former student at the school, became a teacher in 1895, and left the school in 1903 to operate a farm in her home state of Georgia, where she also hoped to found an industrial school for African Americans. The catalog begins with a three page essay titled "A Plea for Rational Dress," calling for clothing that will not deform women's bodies or harm their organs. The next two pages consist of a catalog featuring three comfort and health garments--the Emerson College Health-Girdle, the Emerson College Health-Waist, and the Comfort Hose Supporter. A nice copy with a bit of soiling to covers, slight musty odor. [11273]

\$150



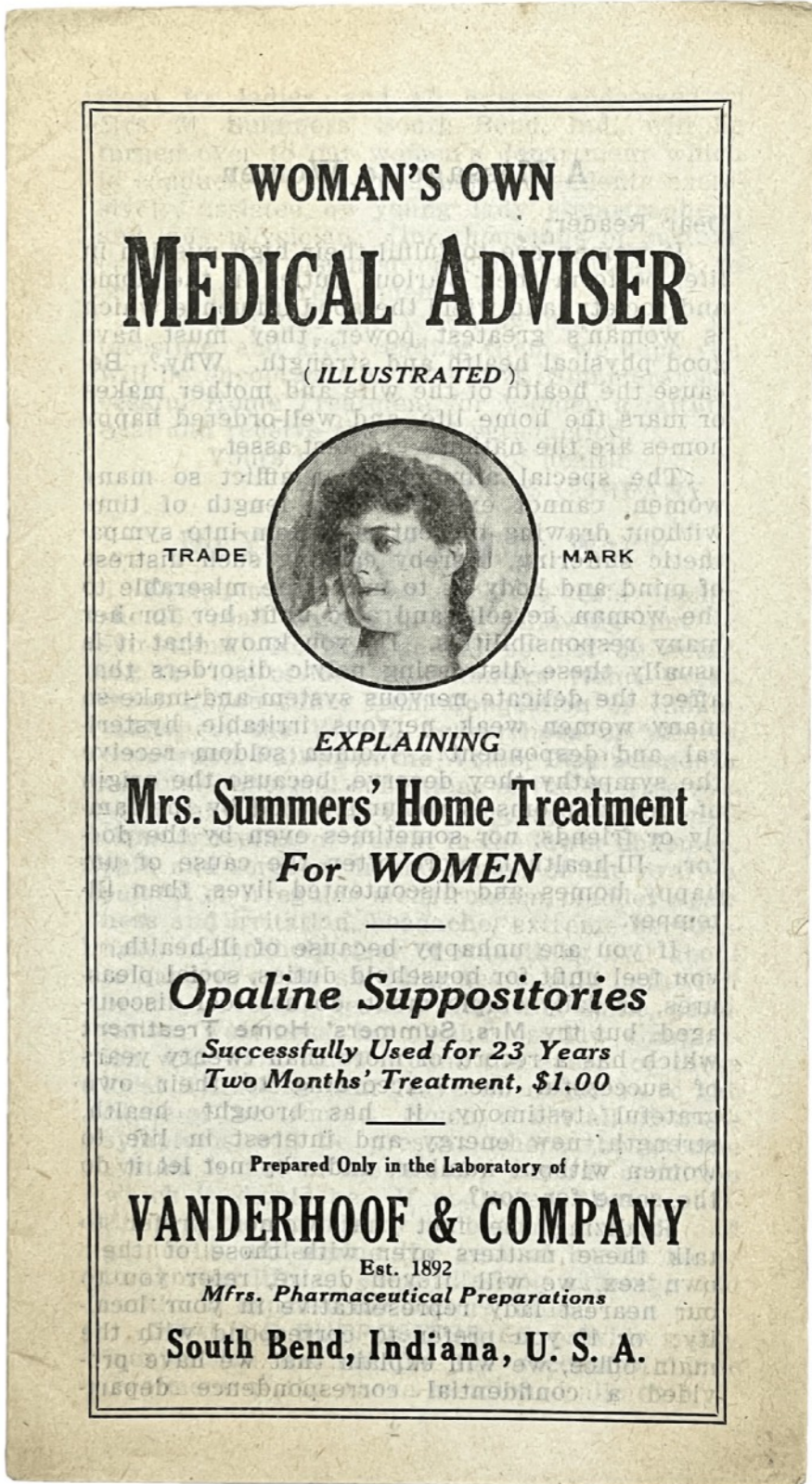
# Woman's Own Medical Adviser (Illustrated) Explaining Mrs. Summers' Home Treatment For Women.

SOUTH BEND, INDIANA: VANDERHOOF & COMPANY, [1915].

19

12mo, stapled booklet, 32 pp. Promotional booklet by the makers of a variety of medicines for women, including opaline suppositories ("an antiseptic, healing, cleansing and absorbent treatment made up in a shape convenient for direct application to the uterus or womb"), ovarian, and kidney tonic, and more. With information on how these products treated a variety of women's sexual ailments, together with testimonials dated 1914 and 1915. In very good condition with slight toning, chipping along margin of last leaf with loss to a few letters and words of text. [9481]

\$150



# What A Married Woman Should Know.

CHICAGO: SNYDER PRODUCTS CO, 1935.

20

12mo, stapled booklet, 32 pp, small illustrations within text. A promotional booklet and trade catalog listing a variety of women's health related products and their prices, all offered by Snyder Products Co of Chicago. Includes listings for periodic pills, periodic relief compound, and periodic liquid, all meant to treat "painful, scanty, irregular, profuse or abnormally delayed periods." There are also listings for vaginal suppositories, douche powder, douche tablets, vaginal jelly ("helps to destroy pathogenetic germ life"), sanitary sponges, sanitary belts, a "medical herb book," and more. Toning to paper and foxing to covers. [9486]

\$150



**BLAIR, Margaret Josephine. Health & Beauty For Women.**

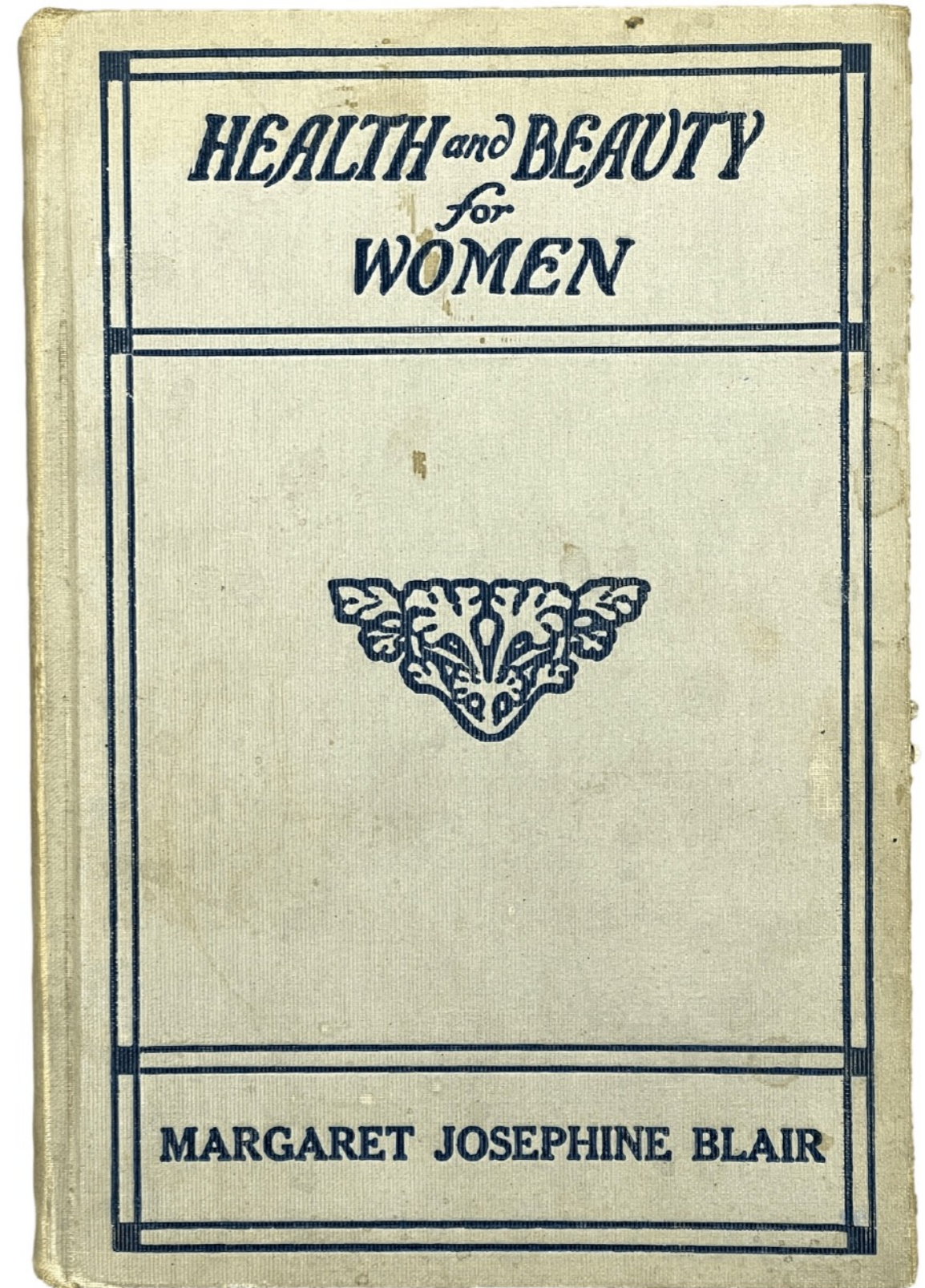
SAN DIEGO, CALIFORNIA: ARTS & CRAFTS PRESS, 1923. FIRST EDITION.

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**21**

8 x 5.5", original grey cloth with blue lettering, 122 pp. A treatise on health and beauty by Margaret J. Blair, a Minnesota home economist and sewing instructor who began lecturing on health and beauty after recovering from disease, and organized Margaret Blair Health Centers in several states. While the book contains several chapters containing health and beauty tips, much of the text is devoted teaching a series of health exercises intended for weight loss, the reduction of a double chin, improved circulation and posture, the relief of constipation, etc. This section is illustrated with diagrams showing the exercise positions. Few stains to covers, bit of toning to pages, binding slightly cracked between pages 64 and 65. [10587]

**\$125**



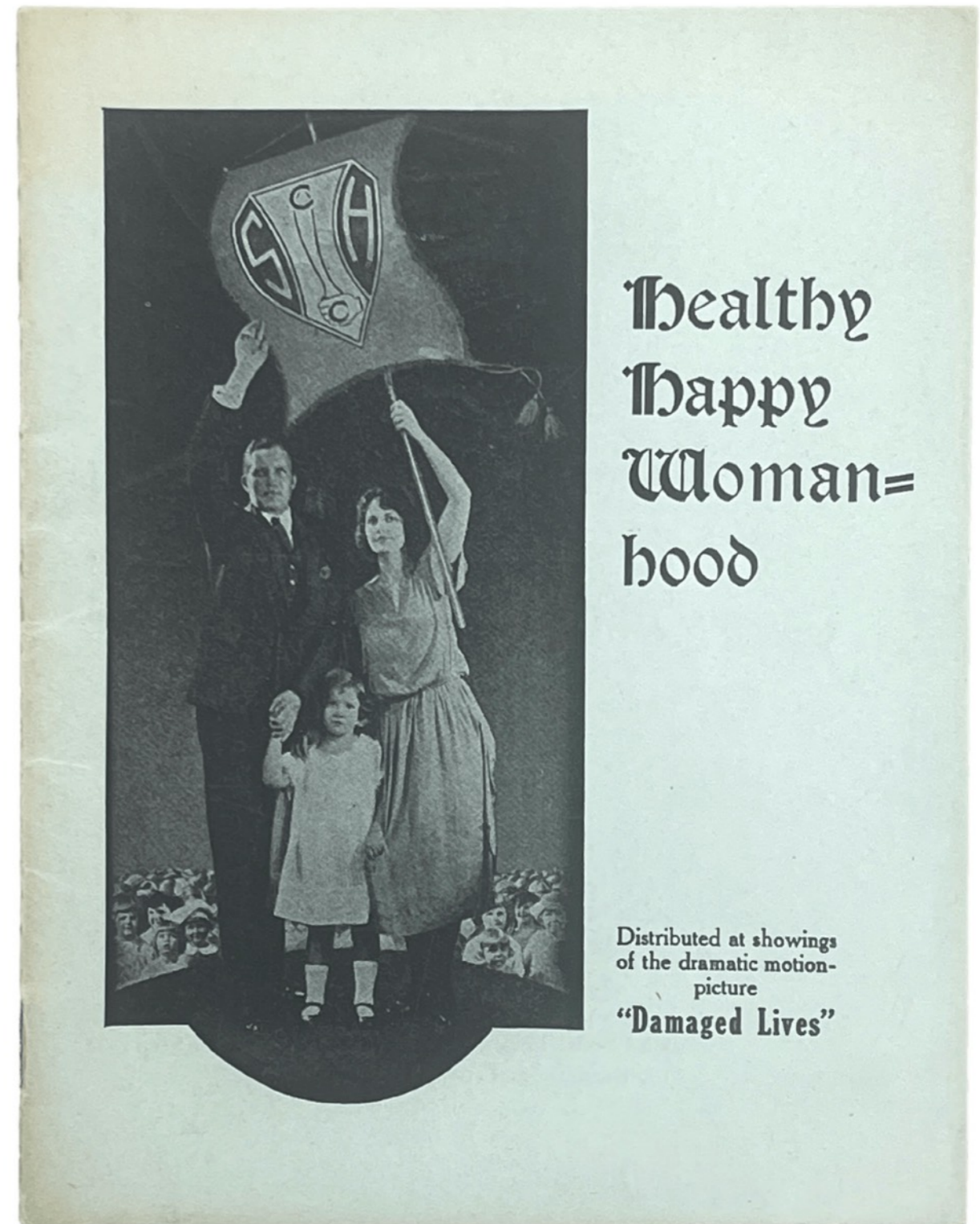
# Canadian Social Hygiene Council. **Healthy Happy Womanhood.**

TORONTO: CANADIAN SOCIAL HYGIENE COUNCIL, CIRCA 1933.

22

5.75 x 4.5", stapled, illustrated wrappers, 24 pp. A booklet containing health advice for girls and young women, including advice on exercise, diet, correct posture, proper clothing, and bathing. Much of the booklet provides education about sex, including "the beginnings of life", "the sex instinct", and "the misuse of sex," with the goal of encouraging purity as part of the ongoing campaign against venereal disease: "A handshake extends a friendly greeting. A kiss should mark a pledge of love. A girl who does not value these expressions highly and use them sparingly makes herself cheap and weakens her power of self-protection." The booklet was issued as a tie-in to the 1933 American exploitation-educational venereal disease film, *Damaged Lives*. Some toning to wrappers, a very good copy. [11073]

**\$150**



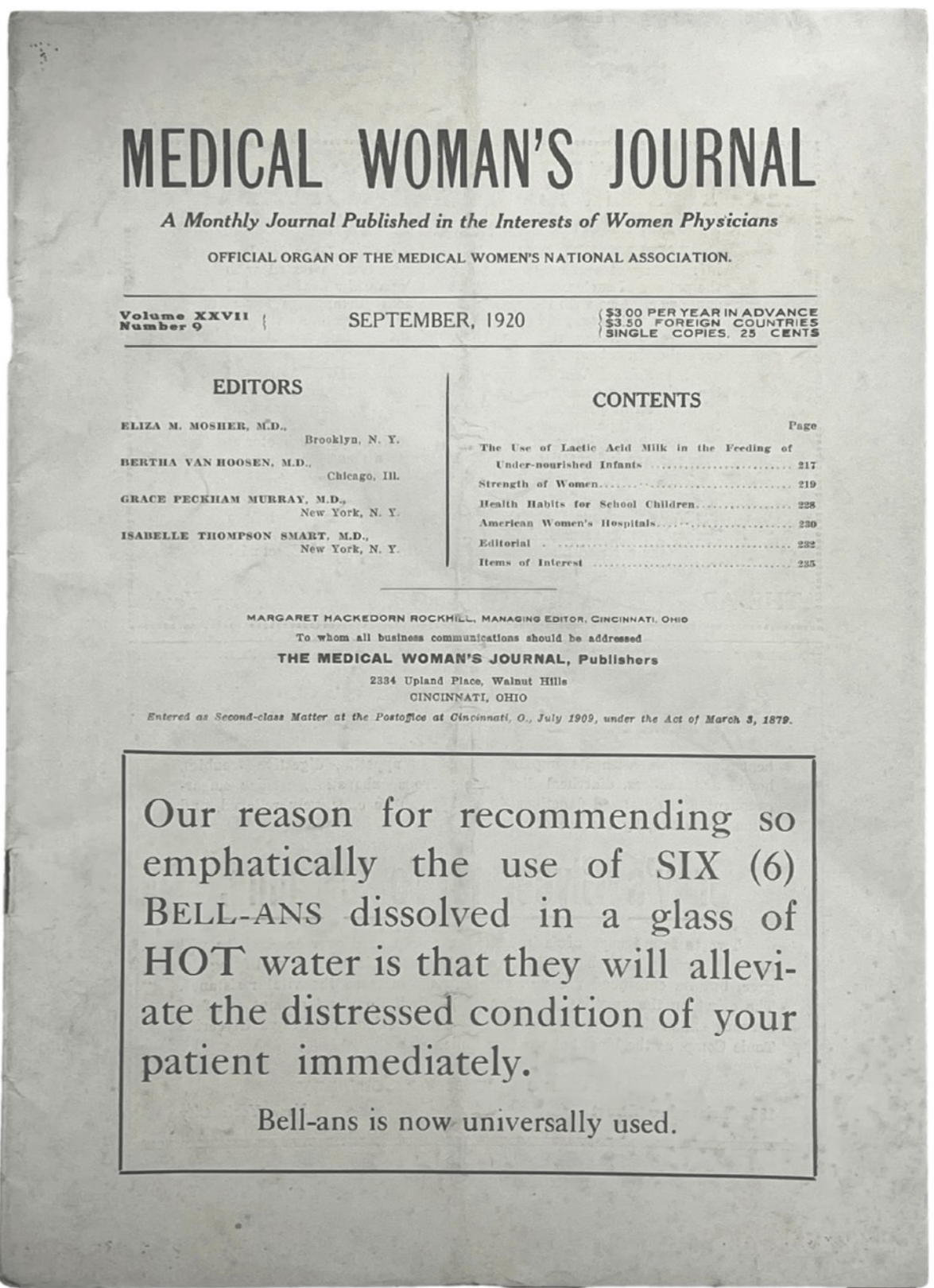
# Medical Woman's Journal A Monthly Journal Published in the Interests of Women Physicians. Volume XXVII Number 9. September, 1920.

CINCINNATI, OHIO: THE MEDICAL WOMAN'S JOURNAL, PUBLISHERS, 1920.

23

11 x 8", stapled booklet, 217-238, xviii pp. Single issue of the "official organ of the medical women's national association," edited by several prominent woman doctors including Eliza M. Mosher, Bertha Van Hoosen, Grace Peckham Murray, and Isabelle Thompson Smart. This issue contains many pages of medical advertisements, including several for sanatoria, as well as a directory of women's medical societies, plus articles such as "The Use of Lactic Acid Milk In The Feeding of Under-Nourished Infants," "Strength of Women," "Health Habits for School Children," "A New Form of Influenza," and more. A good copy with creasing to pages, soiling to covers, slight musty odor. [11075]

\$125





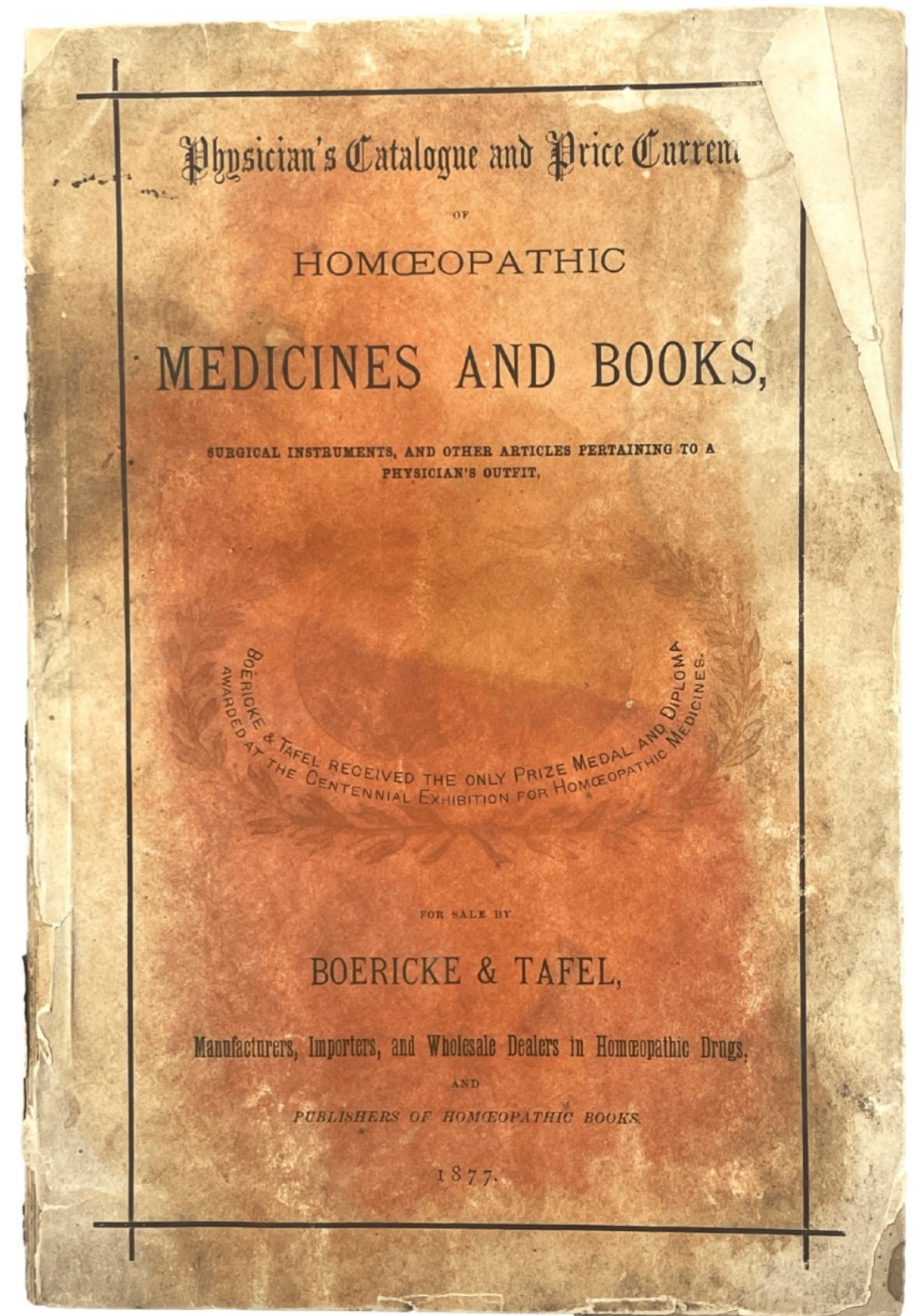
# Physician's Catalogue and Price Current of Homoeopathic Medicines and Books, Surgical Instruments, and Other Articles Pertaining to a Physician's Outfit.

[NEW YORK]: BOERICKE & TAFEL, 1877.

24

Octavo, 10 x 6.5", orange wrappers with black lettering, 88 pp, illustrated throughout. A scarce trade catalog of medical books and goods sold by Boericke & Tafel, manufacturers, importers, and wholesale dealers in homeopathic drugs and publishers of homeopathic books. Includes listings for homeopathic medicines, medical cases, obstetrical instruments, and homeopathic books, pamphlets, and periodicals in several languages. There are also two pages at the end devoted to women's health apparatuses, including a one page listing for Dr. Higbee's Improved Hodge Pessary, and a one page listing for Frazer's Retaining Apparatus for Dislocation of the Uterus. In fair condition with staining, fading, soiling, chipping, and creasing to covers, loss to wrappers over spine, damp staining along margins and text block edges, most significant to last few pages, soiling and spotting to first few pages and text block edge. [11278]

\$250



# **New England Sanitarium and Hospital in Middlesex Fells.**

SOUTH LANCASTER, MASSACHUSETTS: ATLANTIC UNION COLLEGE PRESS, CIRCA 1930.

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**25**

9.5 x 6.25", brown stapled wrappers, [32] pp. An informational booklet issued by the New England Sanitarium and Hospital, an institution in Stoneham, Massachusetts founded in 1899 and specializing in general diseases, surgery, and maternity accommodations. The sanitarium was surrounded by the 4500 acre Middlesex Fells park. The booklet contains views and descriptions of the dining room, electrotherapy department, hydrotherapy department, maternity department, grounds, recreation, etc. The booklet also includes a sample menu. A nice copy with a hint of foxing to pages. [11174]

**\$75**

